



Mini Munchers Clinical Training Program Part 2 In-Person Meeting

Course Description:

This hands-on, experiential comprehensive two-day course will delve into pediatric feeding and swallowing function, offering participants the knowledge and tools needed to evaluate and address oral motor and swallowing issues in infants and children. The course emphasizes the integration of cultural competence and diversity considerations in assessment and intervention practices, ensuring that participants are well-equipped to provide inclusive and sensitive care. This course will cover the analysis of infant and children's oral motor and swallowing function, guiding participants in making informed treatment recommendations and therapy plan development. Additionally, participants will learn to identify signs and symptoms of dysphagia and its risk in children, with guidance on making appropriate recommendations for further assessment or treatment with real pediatric patients.

Participants will engage in role playing scenarios to further increase knowledge and handling of real-life situations, including modifying the presentation of barium to be child friendly, creating a sensory friendly environment, counseling families, and professional communication with other healthcare providers.

The course will include analyses of moderate to complex infant and pediatric feeding cases, focusing on identifying barriers to feeding progression, prioritizing culturally responsive treatment strategies, and setting appropriate goals. Participants will determine management and intervention strategies that incorporate Modified Barium Swallow Study findings and knowledge of the interrelated systems in the "whole child" and family dynamic.

Target Audience: Speech-Language Pathologists, Occupational Therapists, Physical Therapists

Educational Level: Intermediate

Location: 4641 Montgomery Ave. Suite 300, Bethesda, MD 20814

Date / Time: November 16 & 17 2024 | 8:00 AM - 4:30 PM

Benefits of the Mini Munchers Clinical Training Program:

- Small cohort of up to 10 people
- Hands on experience that you can put on your CV now
- Real, live infant and pediatric patients and cases

- Hands-on barium preparation and positioning training in fluoro suite
- Learn the language and techniques to make barium pediatric friendly
- Multicultural considerations and conversations
- Report Writing and Interdisciplinary communication

At course conclusion participants will be able to:

1. Identify and describe the anatomic structures and physiological functions in comparison to adults oral, pharyngeal, and upper esophageal function in infants and children.
2. Define infant/pediatric feeding disorders according to the literature, analyze contributing factors, and relate these to clinical practice.
3. Apply intervention strategies during fluoroscopy to aid in clinical decision-making regarding follow-up and integrate MBSS findings with knowledge of interrelated systems including gastrointestinal issues that impact feeding skill development and progression to develop comprehensive management and intervention strategies.
4. Practice counseling techniques with parents and advocacy with other healthcare professionals from a culturally sensitive perspective.
5. Analyze a child's deficits to make informed treatment recommendations, including appropriate diet, utensil use, and therapy plan development.
6. Write comprehensive reports, including setting appropriate goals for intervention that aligns with the family culture.

Course Agenda:

Day 1

8-8:15 Intro & overview of day

8:15-9:15 Review of Pediatric Feeding and Swallowing Functions, anatomy and physiology of oral, pharyngeal, and upper esophageal functions in infants and children compared to adults.

9:15-10:15- Signs and symptoms of Dysphagia in infants

- The SLP overlap with lactation consultants (Guest Speaker)
- Myths vs. Reality
- Infant Feeding Assessments
- Bottle selection
- Case Studies

10:15-10:30 Break

10-30- 12

- Signs and symptoms of Dysphagia in Pediatrics
- Overview of common Pediatric Feeding Disorders in different populations
- Pediatric Feeding Assessments Overview
- Identifying barriers to feeding progression including social determinants of health

12-12:30:

- Overview of treatment options
- Prioritizing culturally responsive treatment strategies

12:30-1:30 Lunch

1:30-2

- Pediatric Fluoroscopy chairs and positioning
- Creating a sensory friendly environment

2-2:45

- Hands on ways to make barium child friendly

2:45-3:15

- Caregiver questionnaire and interview

3:15-3:30

- Overview of live patient #1

3:30-3:45

- Parent interview: Live time

3:45-4:30

- Live infant patient #1
- Immediate recommendations

Day 2:

9-10:30:

- Overview and analysis of imaging from live patient #1:
- Report writing: Templates+ live reporting writing for patient #1

10:30-11

- Case history review of Live patient #2

11- 11:15

- Parent interview, Live time

11:15-11:45

- Live patient #2

11:45-12:15

- Parent recommendations and demonstration

12:15- 1:15- Lunch

1:15- 2

- Review and Analysis of patient #2 +write report

2-3:

- Conveying information to other professionals: phone/email scripts
- Supporting parents to advocate

3-4:

- Treatment options for Patient #2
- Cultural considerations

4pm: Adjournment

Hours: 14

Completion Requirements:

- This course is not appropriate for partial credit. Registrants must attend the whole course in person to receive a certificate of completion and ASHA CEUs.

Registration Information:

- To register, please visit www.swallowingwellness.com and click the Education tab.
- Special Needs: Indicate any special assistance required when you register.
- Complaints and/or feedback for improvement can be emailed to info@swallowingwellness.com

About the Instructors:

Ianessa Humbert, Ph.D.CCC-SLP is an accomplished scientist, professor, and highly sought-after speaker with expertise in swallowing and swallowing disorders. Dr. Humbert's innovative training style has been funded by [ASHFoundation](#) and extends to non-traditional learning formats. She is the co-creator of the popular Down the Hatch podcast, has co-founded online learning tools including [STEP](#) (Swallowing Training and Education Portal) and has developed high-quality, no-cost learning tools available on her [YouTube Channel](#). Dr. Humbert is the owner and CEO of the Swallowing Wellness Center. She has demonstrated her gift for creating images that depict the dynamism of swallowing via her [Swallowing Pocket Guide](#) and Swallowing Neuro Anatomy and Physiology Shorts or SNAPS (on STEP). Dr. Humbert has been on faculty at the Johns Hopkins School of Medicine, the University of Florida, and the University of Iowa. The content from Dr. Humbert's courses are supported by scientific evidence from her laboratory and from the larger body of research literature.

Instructor Disclosures:

Financial: Ianessa Humbert is the owner of Swallowing Wellness Center, owner of Elemint LLC, and a co-owner of Swallowology LLC

Non-Financial: None

Emma Justice MS CCC-SLP, CLC, NTMTC, is the founder and lead clinician at Justice For Infant Feeding Therapy and Lactation. She specializes in pediatric feeding and swallowing, with a particular emphasis on NICU graduates and culturally diverse populations. Emma is certified in lactation counseling and neonatal touch and massage.

She earned her Master's degree in Speech-Language Pathology from Northeastern University and completed her clinical fellowship at Johns Hopkins All Children's Hospital.

Emma's experience spans various settings, including a level II and level III NICU, PICU, pediatric oncology, outpatient pediatrics, cleft and craniofacial care, aerodigestive, pediatric rehab, home health, and feeding in the public schools.

In addition to her clinical work, Emma is a guest lecturer and serves as the primary pediatric consultant for the Swallowing Wellness Center. She is also an active member of ASHA's topic committee for Pediatric Feeding Disorders and serves on a committee for Boston's March of Dimes organization. Emma has presented nationally on pediatric dysphagia.

Instructor Disclosures:

Financial Disclosures: Emma is the owner of Justice For Infant Feeding Therapy and Lactation LLC and is employed by Spaulding Rehabilitation Hospital and Boston Public Schools.

She will receive an honorarium from Swallowing Wellness for her participation in the Mini Munchers Clinical Training Program.

Non-Financial Disclosures: Emma volunteers on ASHA's topic committee for Pediatric Feeding Disorders.



Swallowology, LLC

Intermediate Level

1.4 ASHA CEU's

This course is offered for 1.4 ASHA CEUs (Intermediate Level, Professional area)
