

Feeding Challenges in Infants, Toddlers and Beyond: Learn Critical Thinking Skills to Safely Manage Difficult Feeding & Swallowing Cases – The BRIDGE Approach

Dana Kizer, MS, OTR/L, BCP and

Anais Villaluna, MS, CCC-SLP, BCS-S, CLC



Faculty

Dana Kizer is an occupational therapist, Board Certified in Pediatrics, and has a special interest in feeding as well as sensory processing. She has worked in a variety of pediatric settings including a pediatric hospital, specialty clinic, private practice, and home health. Dana has presented on feeding therapy and interventions nationally and across virtual platforms. Dana is a published author on the subject of pediatric feeding disorders. She currently volunteers her time with Feeding Matters by serving on the Pre-Conference Committee and the Family Advisory Council to help families navigate the complex world of pediatric feeding disorders. In addition to her professional experience with feeding disorders, Dana brings a family perspective to her treatments and teaching experiences as her initial experience with feeding therapy occurred when she would accompany her younger brother to his feeding therapy appointments. She has seen first-hand the difference therapy can make in the lives of patients and their families.

Anais Villaluna, SLP, Board Certified Specialist in Swallowing and Swallowing Disorders, and Certified Lactation Counselor. Anais earned her Bachelor of Science in Communication Sciences and Disorders in 2006 and her Master of Science in Speech-Language Pathology in 2008 from Texas Woman's University. Anais is a doctoral candidate in Speech-Language Pathology (SLPD) at Northwestern University. Anais has specialized training in a variety of feeding and swallowing interventions methods as well as the instrumental assessment of swallowing via VFSS and FEES. Anais expanded her reach from hospital-based dysphagia services to also include concierge dysphagia services as she has a passion for improving access to highly qualified dysphagia services in a variety of settings. Co-lead of the Pediatric Committee for the IDDSI USIRG, she has an interest in the standardization of thickened liquids in the pediatric population. Anais is a published author on the subject of pediatric feeding and swallowing. Anais also volunteers her time with Feeding Matters by serving on the PFD Alliance to help improve access to resources for families and professionals through her contribution as the chair for the Digital Outreach Committee.

About this Course

Learn tools and strategies to guide your clinical decision-making process for assessment and treatment of a child with complex feeding issues. Managing pediatric dysphagia can be challenging as practices evolve, new protocols are implemented, and multiple developmental as well as anatomical factors can impact an infant or child's ability to eat or drink safely and efficiently. By identifying, assessing, and treating the multiple factors causing or contributing to pediatric dysphagia, BRIDGE provides a multifaceted assessment and treatment approach that provides therapists the tools to think critically when working through difficult cases. The BRIDGE Approach taught in this course provides attendees with information from embryology through childhood and focuses on how the neurological, anatomical, as well as physiological components of growth and development impact pediatric feeding and swallowing. Evaluation to treatment, is presented through the collaborative lens of a speech-language pathologist and an occupational therapist. Different perspectives will be discussed from the pediatric swallowing mechanism from an anatomical and physiological perspective including both instrumental and clinical assessment methods by the SLP to the postural, sensory, and behavioral components to feeding and swallowing including considerations for adaptive interventions when applicable. Attendees will be given strategies to implement immediately when working with children with dysphagia as well as discuss questions, cases, and concerns with the presenters. By BRIDGEing the gap between the multifaceted components of pediatric dysphagia, attendees will gain effective tools to implement when managing pediatric feeding and swallowing disorders.

Learning Objectives

- Identify the embryological, neurological, anatomical, physiological, and developmental factors as it relates to pediatric feeding and swallowing.
- Apply the foundational skills necessary to assess and treat pediatric dysphagia by applying intervention strategies and implementing appropriate treatment techniques during interactive case studies.
- Choose an appropriate and evidence-based tool to use when working with infants, toddlers, and children with pediatric feeding and swallowing disorders.
- Distinguish between the benefits and limitations in current best practices including positioning, thickening, treatment of dysphagia, and both clinical as well as instrumental assessment.
- Determine when and why to apply strategies when managing pediatric dysphagia based on presenting impairment and response to intervention

Disclosures: **Anais Villaluna** receives a salary from Texas Children's Hospital and Feeding and Swallowing Specialists of The Woodlands. She receives a speaking honorarium from Education Resources, Inc. She has a non-financial relationship with IDDSI (International Dysphagia Diet Standardization Initiative) as a US IRG Pediatric Co-Chair, Communication Committee Member. She has a non-financial relationship with Feeding Matters as a volunteer for Digital Outreach Committee. **Dana Kizer** receives a salary from Texas Children's Hospital and Feeding and Swallowing Specialists of The Woodlands. She receives a speaking honorarium from Education Resources, Inc. Shas a non-financial relationship with Feeding Matters as a volunteer for Family Advisory Committee.

Help your patients achieve better outcomes.

Schedule – Day 1

9:40 am to 5:00 pm EST (US) - includes two 15-minute breaks

- 9:40-10:00 Webinar Registration/Zoom Course Opens
- 10:00-1:00 The BRIDGE Process: **BRIDGE**
Begin, Reflect, Initiate, Develop, Gauge, Educate
- Thinking critically to make informed, evidence-based decisions.
 - Neurological underpinnings of swallowing and the corresponding developmental milestones
 - Intervention strategies: positioning, flow rate changes, thickening, considerations for implementation following discharge.
 - The pediatric airway, swallowing mechanism, and the anatomical changes including laryngeal position & hyolaryngeal descent.
 - DISCUSSION: medical concomitants to consider
- 1:00-1:30 LUNCH
- 1:30-3:00 **Begin: initial and ongoing assessment**
Assessment of infants, babies advancing to transitional solids, toddlers, and school aged children
- Choosing the appropriate assessment
 - Non-nutritive assessment
 - Breastfeeding/Bottle Feeding
 - Strategies: Postural control and seating, Oral motor assess, Liquids, readiness for spoon feeding, Gagging, Typical versus atypical, Sensory and behavioral components to feeding
 - VIDEO: Problem Solving Assessments
- 3:00- 5:00 Application across settings: Problem Solving
- Hospital Inpatient vs. outpatient, private clinic, early intervention and school-based delivery (FAPE-Free Appropriate Public Education, when medical and educational needs overlap)
- Reflect: multifactorial aspects**
- Integrating your findings and determining need for further assessment including Postural stability, State regulation, Sensory regulation and responses to input, Behavioral observations, Oral motor assessment, Cultural considerations.

Schedule – Day 2

9:40 am to 4:30 pm EST (US) - includes two 15 min breaks

- 9:40-10:00 Webinar Registration/Zoom Course Opens
- 10:00-11:30 **Initiate: plan of care – writing patient goals**
- Typical vs atypical swallowing – what are we striving for? Red flags, Documentation
 - Measurable and Functional Goals: Challenges and Pitfalls
- 11:45-12:45 **Develop: recommendations and intervention strategies based on patient goals**
- Current practices: advantages & limitations
 - Treatment recommendations - Clinical decision making: What do I need to consider when making recommendations for infants, toddlers?
 - Transitional foods:
 - Self-Feeding vs “Baby led weaning”,
 - Primary/Supplemental tube feedings
 - Advancing oral volumes safely
 - Cultural considerations
 - What’s in your tool bag?
 - What every feeding clinician should know and have in their toolbox!
- 12:45-1:15 LUNCH
- 1:15-3:00 **Gauge: progress in therapy**
- BRIDGE: Transitioning between approaches based on response to intervention
 - Atypical vs Typical: indications for instrumental evaluation
 - Case analysis/decision making:
 - Videos: Videofluoroscopic Swallow Study (VFSS) & Fiberoptic endoscopic evaluation of swallowing (FEES)
- 3:15-4:30 **Educate: patient, family, medical/therapy team**
- Controversial assessment recommendations: Tethered oral tissues
 - Controversial treatment recommendations: Baby-led weaning, E-stim, Oral motor tools
- CASE ANALYSIS - Pulling it all together
- Clinical decision making: Assessment and treatment considerations for different ages: Infant, Toddler & the School aged child

ERI: Life-changing learning

You love what you do. Our courses remind you why. As a therapist, you change lives every day – and have your life changed in return. ERI is life-changing learning, for therapists by therapists.

The ERI Advantage

- Techniques you'll use the next day
- Peers who share your passion
- Renowned faculty
- Evidence-based courses that improve outcomes
- 30 years of life-changing learning

Specialty Tracks

Learn with courses throughout the lifespan – neonatal, pediatric, adult and geriatric. Each ERI specialty track is designed to make the most of your continuing education time, budget, and goals. Start your search with us and plan every course you'll take in 2024.

ERI Rewards*

Your ERI experience is more rewarding than ever:

- First course discount
- Bring a friend savings
- Group discounts
- \$100 off your 4th multi-day course

*Subject to availability. Exclusions may apply. Visit our website for details and coupon codes.

Visit educationresourcesinc.com for all your 2024 course needs.

Credits

This course meets the criteria for 11.5 contact hours (1.15 CEUs) Intermediate Level.



Education Resources Inc. is an AOTA Approved Provider of professional development. Course approval ID# 06585. This Distance Learning-Interactive course is offered at 11.5 contact hours 1.15 CEUs (Intermediate, OT service delivery). AOTA does not endorse specific course content, products, or clinical procedures

This course can be used toward your NBCOT renewal requirements for 11.5 units. Approved provider of the **FL** Board of Occupational Therapy-CE Broker – 13.5 hrs. This course meets the approval of the **TX** Board of OT Examiners.



Education Resources, Inc.
Intermediate level
1.15 ASHA CEUs

ASHA CE Provider approval and use of the Brand Block does not imply endorsement of course content, specific products, or clinical procedures.

ASHA credits are accepted by the **TX** Department of License and Renewal.

Application has been made to the **FL** Physical Therapy Association for 13.5 continuing education contact hours.

Approved by the **MD** Board of Physical Therapy Examiners.

Approved by the **MN** Board of Physical Therapy.

Approved by the **NJ** Board of Physical Therapy Examiners.

Approved sponsor by the State of **IL** Department of Financial and Professional Regulation for Physical Therapy for 11.5 contact hours.

Application has been made to **Illinois** EI Training Program.

Approved provider by the **NY** State Board of Physical Therapy for 13.5 contact hours (1.35 CEUs).

Education Resources, Inc. is an approved provider for Physical Therapy CEUs in the following states: **CA, KY, OK** and **TX**.

The following state boards of physical therapy accept other states' approval: **AK, AR, AZ, DC, DE, GA, HI, ID, IN, KS, MA, MI, MO, MS, NC, OR, PA, RI, SC, UT, VA, VT, WI, WY**. The following state boards of physical therapy either do not require course pre-approval or do not require CEUs for re-licensure: **AL, CO, CT, IA, ME, MT, NE, ND, NH, SD, WA**.

11.5 hours of this course qualify towards the discipline-specific hours for the 20-hour requirement for NDTA re-certification. They do NOT qualify towards the 8-hour NDTA Instructor requirement for re-certification.

11.5 hours or 1.15 CEUs for dietitians.

Please contact us with any special-needs requests: info@educationresourcesinc.com or 800-487-6530. Education Resources Inc. 266 Main St, Suite 12, Medfield, MA 02052.

WEBINAR DATES AND TIMES

September 13 and 14, 2024

9:40am EST • 8:40am CST • 7:40am MST • 6:40am PST

Registration is for both sessions. Zoom log-in instructions and course materials will be emailed/added to your ERI account 5-7 days prior to the webinar.



\$389 fee. **LIMITED ENROLLMENT.** Cancellation will be accepted until 14 days prior to the start date of the course, minus a \$75 Administration Fee. There will be NO REFUNDS after this 14 day deadline. Registration will be accepted after deadline on a space available basis. We encourage you to register online!

WEBINAR: Feeding Challenges in Infants, Toddlers and Beyond: Learn Critical Thinking Skills to Safely Manage Difficult Feeding and Swallowing Cases – The BRIDGE Approach

Dana Kizer, MS, OTR/L, BCP and Anais Villaluna, MS, CCC-SLP, BCS-S, CLC

September 14 and 15, 2024

Course Registration Form:

Name: _____

Address: _____

City: _____ State: _____ Zip Code: _____

Home Phone: _____ Work Phone: _____

Cell Phone: _____

Needed in the event of an emergency scheduling change

Email: _____

Please clearly print your email address for course confirmation

Employer: _____

Discipline: _____ Specialty: _____

How did you learn of this course _____

Education Resources reserves the right to cancel any course due to insufficient registration or extenuating circumstances.

We are not responsible for any expenses incurred by participants if the course must be cancelled.

I have read your refund policy above and understand.

Cardholder's name & billing address with zip code if different from above:

Signature _____

Amount charged _____

I hereby authorize you to charge my: VISA MC DISCOVER# _____

Exp. Date _____ CVV2 Code _____