

# INFANT & CHILD FEEDING QUESTIONNAIRE (ICFQ) SCREENING PILOT

Despite a prevalence as high as 1 in 23 children under the age of 5, higher than other common and universally screened childhood disorders such as autism spectrum disorder and cerebral palsy, PFD is not screened during routine pediatric well-visits<sup>1</sup>.

## Project Description

Made possible by grant funding from Del E Webb, the ICFQ 6-question screening pilot was implemented in partnership with an Arizona pediatric clinic serving families who may be at risk for PFD. Between April and May of 2023, 120 patients 0-4 years of age were screened for pediatric feeding disorder (PFD) during scheduled well check visits.

## Positive Outcomes

- Revealed positive screens that otherwise would have been missed.
- Created dialog between the pediatrician and parent.
- 13 positive screens resulted in two referrals to feeding therapy.
- Resulting dialog on a negative screen revealed need for feeding therapy referral.
- Ease of using the EMR system for documenting was discovered.



## Pilot Collateral

### Rack Cards

- When to Refer Infant/Child-English and Spanish
- Family Rack Cards-English and Spanish
- Professional Rack Card with Screener

### Slide Deck

- For use in medical school curriculum

## Next Steps

- Create and disseminate educational materials to University of Arizona Medical School
- Advance community awareness with blog posts and information sharing
- Expanded awareness of screening needs
- Investigate CPT code revisions
- Publication of findings
- Update collateral to improve screening feasibility

1. Kovacic, K., Rein, L. E., Szabo, A., Kommareddy, S., Bhagavatula, P., & Goday, P. S. (2021). Pediatric feeding disorder: A nationwide prevalence study. *The Journal of Pediatrics*, 228. doi:10.1016/j.jpeds.2020.07.047

