

## FACULTY

*Benefit from instructors who are highly experienced with complex neonatal and pediatric patients*

**Catherine Shaker MS/CCC-SLP, BCS-S** is a Neonatal/Pediatric Speech-Language Pathologist with over 46 years' experience with neonates, medically fragile infants, and children through school age with complex needs across the continuum of pediatric settings. An ASHA Board Certified Specialist in Swallowing and Swallowing Disorders, Ms. Shaker has worked full-time in large Level III and IV NICUs for over 39 years, most recently at Advent Health for Children in Orlando. She has published several manuscripts on NICU intervention, and co-authored The Early Feeding Skills Assessment Tool with Dr. Suzanne Thoyre. Ms. Shaker received the Pioneer Award from NANT (The National Association of Neonatal Therapists) and is a recognized leader in NICU practice and supporting EI clinicians following NICU graduates. She is trained in NDT (Neurodevelopmental Treatment) and FEES. Ms. Shaker is an invited lecturer internationally and nationally for therapists, nurses, physicians, and families.

**Theresa Gager MS/CCC-SLP** has over 38 years' experience as a Pediatric Speech-Language Pathologist, with children from infancy through school age with complex swallowing, feeding, oral-motor and respiratory problems. She is NDT trained, and has provided services for complex infants and children in schools, outpatient, home health, EI and the NICU. Teaches and consults. Down to earth, a sought-after problem-solver.



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**Pediatric Resources, Inc.**

## Catherine Shaker Seminars 2024

### ADVANCED INFANT AND PEDIATRIC DYSPHAGIA *Problem-Solving Complex Patients and Practice Challenges*

- ❖ June 6-7 Sacramento, CA
- ❖ July 12-13 Indianapolis, IN
- ❖ August 12-13 Raleigh, NC
- ❖ September 23-24 Morristown, NJ
- ❖ October 22-23 Dallas area, TX

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### PEDIATRIC SWALLOWING/ FEEDING *The Essentials*

- ❖ June 3-4 Sacramento, CA
- ❖ July 10-11 Indianapolis, IN
- ❖ August 9-10 Raleigh, NC
- ❖ September 20-21 Morristown, NJ
- ❖ October 20-21 Dallas area, TX

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### PEDIATRIC SWALLOW STUDIES *From Physiology to Analysis*

- ❖ June 5 Sacramento, CA
- ❖ July 14 Indianapolis, IN
- ❖ August 11 Raleigh, NC
- ❖ September 22 Morristown, NJ
- ❖ October 24 Dallas area, TX

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### NICU SWALLOWING AND FEEDING *In the Nursery and After Discharge*

- ❖ July 15-16 Indianapolis, IN
  - ❖ October 25-26 Dallas area, TX
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**PEDIATRIC RESOURCES INC.**  
P O Box 2536  
Windermere, FL 34786-2536

#### ROUTE TO:

- ☑ Speech-Language Pathologists
- ☑ Occupational Therapists
- ☑ Physical Therapists

**Catherine Shaker Seminars!**

**For those in EI, hospital, private practice or school-based!**

## **ADVANCED INFANT/PEDIATRIC DYSPHAGIA: *Problem-Solving Complex Patients and Practice Challenges***

**Instructor:** Catherine Shaker

Two days of learning along with a master clinician. This timely interactive seminar will bring you essential information to enhance your effectiveness as a specialist in pediatric swallowing and feeding and a sought-after member of your team. Correlating clinical data, co-morbidities (airway/GI/nutrition/neurologic/oral motor/sensory), and the infant/child's behaviors is at the heart of completing a good differential. Apply critical problem-solving skills to complex diagnoses and their interaction, for NICU infants through school-aged children. Explore hot topics in dysphagia (e.g., thickening, NMES, swallow studies, tongue tie) practice issues, therapist-physician relationships. Discuss your challenging patients. Perfect for both the novice to take it all in, and for the experienced clinician searching for an advanced level of problem-solving for complex cases and professional issues. Attendees are encouraged to bring at least one case study to problem-solve with the group

### **Learning Outcomes:**

- Apply system-based differential diagnosis specific to clinical presentation of feeding/swallowing problems
- Apply critical reflective thinking to complex feeding/swallowing issues
- Discuss strategies to address a wide range of feeding/swallowing problems
- Explain key concepts/challenges/evidence specific to at least three "hot topics" in pediatric dysphagia
- Navigate therapist-physician/team interactions

### **Seminar Content**

- Complex interaction of respiratory, GI, airway, sensory and postural co-morbidities
- Case discussions and problem-solving
- Current challenges in service delivery across EI, hospital, school, and community settings
- Broad range of interventions and individualizing plans of care specific to clinical presentation

This course is offered for 1.3 ASHA CEUs (Advanced level) 13.0 contact hours

**Seminar** 800 am - 400 pm both days  
**Check In** 725 am - 745 am day one

## **NICU SWALLOWING/FEEDING: *In the Nursery and After Discharge***

**Instructor:** Catherine Shaker

Cutting-edge 2-days with an expert in the NICU. Essential evidence-based information for managing the complex swallowing and feeding needs of preterm and sick term infants in the NICU and in Early Intervention. Functional problem-solving approach to assessment and treatment, including a broad range of interventions and how-to problem-solve. Hear the latest research and how it applies. Case studies and videos of neonates feeding enhance learning. Gain confidence with babies you are seeing in EI and with supporting parents. Attendees have said this is "The best NICU course you can find!" and "Now I know how to help my babies in EI!" Leave with evidence-based resources for future learning.

### **Learning Outcomes**

- Describe the impact of medical and developmental issues on swallowing and feeding in the NICU
- Delineate the differences between feeding and swallowing behaviors: preterm infant vs. normal newborn vs. sick term infant vs. the chronically ill premie
- Discuss assessment and treatment strategies for swallowing and feeding in this specialized population
- List strategies for managing the complex needs of these infants and their families in the nursery and through the transition to home and community

### **Seminar Content**

- The NICU Experience: Family Perspective
- Medical and Developmental issues: NICU and EI
- Term vs. Sick Newborn vs. Premie vs. Chronically Ill Preterm: issues and cue-based strategies
- Typical development/progression to feeding
- Assessment: Making sense of history, where to start, Readiness to feed, Safety issues, Swallow Studies, Recommendations, Documentation
- Intervention: Positioning, Nipples, Flow Rate, Swallowing, Suck-Swallow-Breathe, Care Plans, Breastfeeding, working with your team in NICU and EI
- Unique Follow-Up Issues, Optimizing Parent Support, Problem-solving on-going issues after discharge
- Networking with colleagues in NICU and EI

This course is offered for 1.35 ASHA CEUs (Intermediate level) 13.5 contact hours

**Seminar** 800 am - 400 pm both days  
**Check In** 725 am - 745 am day one

## **PEDIATRIC SWALLOWING AND FEEDING: *The Essentials***

**Instructors:** Catherine Shaker, Theresa Gager

Comprehensive 2-days covering assessment and treatment of swallowing/oral-motor/feeding from a problem-solving perspective. Neonates through school age. Current approaches, case studies. Videos to enhance learning. Essential skills for pediatric practice and problem-solving complex cases. Perfect for adult therapists moving to pediatrics. Multiple learning levels for both highly experienced therapists and new grads! This will change your practice.

### **Learning Outcomes**

- Delineate normal swallowing (neonate -> adulthood)
- Describe the impact of atypical neuromotor development on oral-motor/feeding/swallowing
- Describe current treatment strategies for neonates, medically-fragile infants, babies, CP, sensory issues, feeding aversions, droolers, tube fed, oral-motor, biting/chewing
- Describe airway, breathing and flow rate issues that impact safety of feeding and intake
- Identify key criteria for nipples, bottles, spoons, cups.
- Describe a wide variety of intervention and problem-solving techniques, neonate->school-aged
- List key indicators to refer for a swallow study, what to expect, how to utilize information

### **Seminar Content**

- Frame of reference: normal, atypical development
- Impacts on feeding/swallowing: airway, respiration, GI, sensory, behavior, postural issues
- How does the swallow change: impact on therapy
- Assessment: problem-solving babies to school-aged
- Swallow Studies: Why, what to expect, results
- Intervention and Problem-Solving
  - Positioning/Handling
  - Tactile sensory, preparation for oral exploration, feeding and sound production, Oral-Motor
  - Current modalities: applications in pediatrics
  - Diet and texture, biting and chewing progression
  - Nipples, bottles, cups, spoons: what and why
  - Sensory-behavioral feeding issues, approaches
  - Tube-fed kids: why, how, weaning to PO
  - Premies: key diagnostics and strategies

This course is offered for 1.3 ASHA CEUs (Intermediate level) 13.0 contact hours

**Seminar** 800 am - 400 pm both days  
**Check In** 725 am - 745 am day one

## PEDIATRIC VIDEOFUOROSCOPIC SWALLOW STUDIES:

### *From Physiology to Analysis*

**Instructor:** Catherine Shaker

Evolution of physiology from infancy forward. Critical information for conducting and interpreting pediatric swallow studies and problem-solving at each juncture. Learn how to look beyond aspiration and appreciate the entire swallow pathway and its potential for compensations and maladaptations in relation to comorbidities. Procedures in preparation for and during the study that are most common across the US. Recommendations and optional treatment modalities specific to pediatrics will be highlighted. A pediatric history and report format provided to enhance learning. Videos of normal swallowing and typical radiographic swallowing problems will be shown. Case scenarios, and real-life examples discussed. Leave with a new appreciation for the essential current perspectives and the importance of problem-solving each infant/child and his unique presentation. Learn strategies to enhance MD understanding, buy-in and support from a clinician "in the trenches". Looking at the evidence-base, the big picture for that infant/child, and use of critical reflective thinking, not a cookbook approach.

#### **Learning Outcomes**

- Describe normal radiographic swallowing behaviors in pediatrics (neonate -> 5 years)
- Delineate differences between pediatric and adult studies
- Describe optimal procedures for pediatric patients
- Describe typical problems and compensations used in pediatrics
- Discuss recommendations and highlight treatment modalities specific to the pediatric population

#### **Seminar Content**

- Pediatric vs. Adult studies
- Criteria for referral & readiness for swallow study
- Preparing the family
- Normal swallowing physiology: Birth to Adulthood
- Protocol/Positioning/Textures
- Typical problems/Modifications, Strategies
- Analysis, Recommendations/Treatment Modalities

This course is offered for .65 ASHA CEUs  
(Intermediate level) 6.5 contact hours

**Seminar** 800 am - 400 pm

**Check in** 725 am - 745am

### **Attendee Feedback.....**

*Dynamic speaker. Easy to follow, a down to earth presenter with a wealth of knowledge, even for experienced co-workers. So much learning that isn't available in online CEUs. **Emily, SLP***

*I learned more in two hours than I did in four days at a different conference. **Emma, SLP***

*I loved that the Advanced course focused on a variety of diagnoses that are relevant to various settings (acute, outpatient, early intervention) and helped my use my critical thinking skills to problem-solve. **Alyssa, OTR***

*I learned so much about the biomechanics of the pediatric swallow that now can inform my treatment. **Leana, SLP***

*I will never look at feeding babies the same way again! Thank you for your lifelong time, energy and passions dedicated to therapeutic intervention in the NICU. You have paved the way for many of us and it is greatly appreciated! **Micha, OTR***

*So many things I appreciated in the Advanced course! Picture examples, the variety of diagnoses covered, planned times for questions, case discussions, anecdotal stories to help with understanding, and so much foundational research for each topic. **Maggie, SLP***

*I take a lot of CE courses and I would rate this as one of the best. Catherine and Theresa's knowledge base and how they presented the material has increased my confidence and skill! **Laura, SLP***

*Catherine is a treasure chest of knowledge, but still shows so much humility and inclusivity, always embracing and encouraging participant input. Going through the case studies was such a valuable learning tool. Really helped to synthesize many areas of the PFD puzzle! **Colleen, OTR***

*It's nice to know that even experienced therapists don't have all the answers and need to problem solve and dialogue with others. I liked Catherine's discussion "system-based thinking" when trying to differentially diagnose the reason why something might be happening. Loved the increased confidence this course gave me! It filled in lots of gaps. **Violet, SLP***

*I truly appreciate you sharing your years of knowledge, understanding and experience with us. I loved how you taught in a passionate, calm and humble manner. You have encouraged me to continue to "wonder" and have intellectual curiosity so I can be a lifelong learner like you. Thank you so much. **Michi, SLP***

*What a great course on pediatric swallow studies. Now I will think about physiology, not just aspiration and penetration!! Yeah! **Samantha, SLP***

*Thorough, engaging and practical courses, immediately relevant. **Michelle, SLP***

*The breadth of material/subtopics covered was amazing. My families and co-workers now have a more competent clinician working with and advocating for them. The course was highly informational. **Colleen, SLP***

*The course was well-organized. Presenters As an SLP, I would highly recommend this course to my OT and PT colleagues. **Sara, SLP***



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## REGISTRATION INFORMATION

Fee includes seminar, handout materials and a certificate of completion.

### Ways to register:

- **Online with a credit card** at [www.Shaker4SwallowingandFeeding.com](http://www.Shaker4SwallowingandFeeding.com). We accept major credit cards.
- **Mail in registration:** personal or corporate check only. Complete this registration form and submit along with your check to:  
Pediatric Resources Inc.  
PO Box 2536  
Windermere FL 34786-2536
- **Limited Onsite (day of seminar)** registration available subject to space. An additional fee of \$10.00 will apply. Please call 206-949-7630 to confirm that space is available.

## CANCELLATION POLICY

- 7 days prior to the seminar start date: Tuition will be refunded minus credit card fees.
- Less than 7 days prior to the seminar start date: Tuition may be applied to a future seminar, or a substitute attendee allowed.
- Credit card processing fees are non-refundable and will be deducted from any refunded tuition.

**Pediatric Resources Inc.** is not responsible for any adverse events relating to travel to the seminar. We reserve the right to cancel the event 21 days prior to the seminar date with a full refund of tuition; not responsible for travel or other expenses.

**Liability:** The speakers, organizers, and host assume no liability for any loss of property or injury that may occur during the seminar or when travelling to and from the seminar.

## DISCLOSURES

**Financial:** Ms. Gager receives an honorarium from Pediatric Resources Inc. Catherine Shaker is the owner of Pediatric Resources. **Non-Financial:** Ms. Shaker and Ms. Gager have no non-financial relationships to disclose

## REGISTRATION FORM

Please print clearly. For ASHA CEU credit, your email associated with your ASHA account and ASHA number are required. Email confirmation will be provided.

First Name \_\_\_\_\_

Last Name \_\_\_\_\_

Address \_\_\_\_\_  
\_\_\_\_\_

City \_\_\_\_\_

State \_\_\_\_\_

Zip \_\_\_\_\_

Country \_\_\_\_\_

Phone \_\_\_\_\_

Email \_\_\_\_\_

Discipline \_\_\_\_\_

**To receive ASHA CEU Credit, the following information is required:**

ASHA Number \_\_\_\_\_

Email associated with ASHA Account  
\_\_\_\_\_

How did you hear about us? \_\_\_\_\_  
\_\_\_\_\_

I have read the cancellation policy and agree.

For further information contact:

Pediatric Resources Inc.  
P O Box 2536  
Windermere, FL 34786-2536  
(206) 949-7630  
e-mail: [pedsresources@gmail.com](mailto:pedsresources@gmail.com)

## SEMINAR PRICES

	Regular	Onsite
Adv Infant/Pediatric Dysphagia	\$470	\$480
NICU Swallowing and Feeding	\$445	\$455
Pediatric Swallowing and Feeding	\$445	\$455
Pediatric Swallow Studies	\$320	\$330

## SELECT YOUR 2024 LOCATIONS AND DATES

### Sacramento CA

- June 3-4 Pediatric Swallowing and Feeding
- June 5 Pediatric Swallow Studies
- June 6-7 Advanced Inf/Ped Dysphagia

### Indianapolis IN

- July 10-11 Pediatric Swallowing and Feeding
- July 12-13 Advanced Infant/Ped Dysphagia
- July 14 Pediatric Swallow Studies
- July 15-16 NICU Swallowing and Feeding

### Raleigh NC

- Aug 9-10 Pediatric Swallowing and Feeding
- Aug 11 Pediatric Swallow Studies
- Aug 12-13 Advanced Infant/Ped Dysphagia

### Morristown NJ

- Sept 20-21 Pediatric Swallowing and Feeding
- Sept 22 Pediatric Swallow Studies
- Sept 23-24 Advanced Infant/Ped Dysphagia

### Dallas area (McKinney), Tx

- Oct 20-21 Pediatric Swallowing and Feeding
- Oct 22-23 Advanced Infant/Ped Dysphagia
- Oct 24 Pediatric Swallow Studies
- Oct 25-26 NICU Swallowing and Feeding



[www.Shaker4SwallowingandFeeding.com](http://www.Shaker4SwallowingandFeeding.com)  
“...Discover... Teach...Inspire...”