

ARE MEALTIMES A STRUGGLE?

It could be pediatric feeding disorder (PFD).

PFD impacts 1 in 37 children. It is more prevalent than autism and cerebral palsy.

Reference: Kovacic K, Rein, ScM LE, Bhagavatula P, Kommareddy S, Szabo A, Goday PS, Pediatric Feeding Disorder: A Nationwide Prevalence Study, The Journal of Pediatrics (2020), doi: <https://doi.org/10.1016/j.jpeds.2020.07.047>.



WHAT IS PFD?

- Not eating what is typical for age
- Often gagging, choking during eating
- Stressful mealtimes for families
- A history of feeding challenges

PFD DEFINITION & DIAGNOSTIC CRITERIA

Pediatric feeding disorder (PFD) is impaired oral intake that is not age-appropriate and is associated with medical, nutritional, feeding skill, and/or psychosocial dysfunction.



SCREEN EARLY & OFTEN

The Infant & Child Feeding Questionnaire® 6 Question Screener

6 QUESTION SUBSET		
1. Does your baby/child let you know when he is hungry?	Yes	No
2. Do you think your baby/child eats enough?	Yes	No
3. How many minutes does it usually take to feed your baby/child?	<5	5-30 >30
4. Do you have to do anything special to help your baby/child eat?	Yes	No
5. Does your baby/child let you know when he is full?	Yes	No
6. Based on the questions above, do you have concerns about your baby/child's feeding?	Yes	No

Red flags: 1: No 2: No 3: <5 or >30 4: Yes 5: No 6: Yes
If two or more red flags are present, assess for PFD.

RESOURCES



Diagnostic Toolkit



Family Support



When to Refer

NEW CODES FOR PFD

R63.31 Pediatric feeding disorder, acute

R63.32 Pediatric feeding disorder, chronic