ARE MEALTIMES A STRUGGLE?

It could be pediatric feeding disorder (PFD).

PFD impacts 1 in 37 children. It is more prevalent than autism and cerebral palsy.


WHAT IS PFD?

- Not eating what is typical for age
- Often gagging, choking during eating
- Stressful mealtimes for families
- A history of feeding challenges

PFD DEFINITION & DIAGNOSTIC CRITERIA

Pediatric feeding disorder (PFD) is impaired oral intake that is not age-appropriate and is associated with medical, nutritional, feeding skill, and/or psychosocial dysfunction.

SCREEN EARLY & OFTEN

The Infant & Child Feeding Questionnaire® 6 Question Screener

<table>
<thead>
<tr>
<th>6 QUESTION SUBSET</th>
<th>Yes</th>
<th>No</th>
</tr>
</thead>
<tbody>
<tr>
<td>1. Does your baby/child let you know when he is hungry?</td>
<td>Yes</td>
<td>No</td>
</tr>
<tr>
<td>2. Do you think your baby/child eats enough?</td>
<td>Yes</td>
<td>No</td>
</tr>
<tr>
<td>3. How many minutes does it usually take to feed your baby/child?</td>
<td>&lt;5</td>
<td>5-30</td>
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<tr>
<td>4. Do you have to do anything special to help your baby/child eat?</td>
<td>Yes</td>
<td>No</td>
</tr>
<tr>
<td>5. Does your baby/child let you know when he is full?</td>
<td>Yes</td>
<td>No</td>
</tr>
<tr>
<td>6. Based on the questions above, do you have concerns about your baby/child's feeding?</td>
<td>Yes</td>
<td>No</td>
</tr>
</tbody>
</table>

Red flags: 1: No  2: No  3: <5 or >30  4: Yes  5: No  6: Yes
If two or more red flags are present, assess for PFD.

RESOURCES

Diagnostic Toolkit  Family Support  When to Refer

NEW CODES FOR PFD

R63.31 Pediatric feeding disorder, acute
R63.32 Pediatric feeding disorder, chronic

www.feedingmatters.org