

# Breathe, Baby

## Breathe:

### Developmental Interventions for Infants with Tracheostomy Tubes

Holly Schifsky, OTR/L, CNT, NTMTC, CBIS



#### Faculty

Holly Schifsky has worked in pediatrics for 27 yrs., with 16 yrs. in a level 4 NICU. She is a Certified Neonatal Therapist, Certified Neonatal Touch and Massage Therapist, Certified Brain Injury Therapist, a member of National Association of Neonatal Therapists, and has completed 6-month mentorship in infant/child NDT. She has worked within the NICU and NICU follow-up clinic to maximize patient and family outcomes for the most complex premature and medically-fragile term infants. Holly received her BS in OT from the University of North Dakota. She is a faculty member for the Neonatal Touch and Massage certification. She received the National Association of Neonatal Therapists Clinical Excellence award in 2018 for her clinical expertise and dedication to advancing the therapeutic interventions for NICU infants with cardiopulmonary conditions.

**Disclosure** - Financial: Holly Schifsky receives an honorarium from ERI.  
Non-Financial: She has no non-financial relationships to disclose.

#### About this On-Demand Course

Advance your assessment, treatment, and outcomes for infants requiring a tracheostomy tube. Medical co-morbidities associated with infants requiring a tracheostomy tube, implications of the tracheostomy tube on oral feeding/motor development, integrating physical rehabilitation treatments and respiratory therapy interventions to maximize infant outcomes with oral feeding, motor development, and daily activities related to play skills will be discussed. Expand your practice by integrating evidence into your clinical decision-making including reading/interpreting vent settings during interventions for objective assessments of infants that are intubated or have tracheostomy tubes. Expanded lecture/lab section devoted to infants with tracheostomy tubes include oral motor, feeding interventions, postural control, manual cough facilitation, positioning/handling, integrating use of a one-way valve into treatment, weaning respiratory support, and durable medical equipment recommendations for infant/family in preparation for home discharge. This course will focus on infants up to 12 months corrected gestational age with information applicable to clinicians working in the NICU, PICU, transitional pediatric care, in-home therapy, early intervention, and outpatient clinics.

#### Objectives

- Differentiate medical pathology from normal development for infants requiring a tracheostomy tube
- Determine how the placement of a tracheostomy tube influences the development of oral feeding and postural control skills
- Identify three risk factors for feeding dysfunction associated with oral feeding an infant with a tracheostomy
- Apply at least two feeding strategies for infants requiring a tracheostomy tube to improve sensory and motor performance with oral feeding
- Apply at least two postural control strategies for infants with a tracheostomy tube to improve their ability to utilize vocal cord movement to enhance their cough, phonation, and gross motor movement
- Choose an individualized care plan for an infant using the provided case study with tracheostomy tubes for improved outcomes with oral feeding, cough facilitation, motor control, and phonation

#### Audience

This course is recommended for OTs, PTs and SLPs in the NICU, PICU, transitional pediatric care, in-home therapy, early intervention, and outpatient clinic settings.

Help your patients achieve better outcomes.

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## Credits

This course meets the criteria for 8.5 contact hours (0.85 CEUs) Intermediate Level.



American  
Occupational Therapy  
Association

Approved Provider

Education Resources Inc. is an AOTA Approved Provider of professional development. Course approval ID#04763. This Distance Learning-Interactive course is offered at 8.5 contact hours 0.85 CEUs. (Intermediate level, OT Service Delivery). AOTA does not endorse specific course content, products or clinical procedures.

This course can be used toward your NBCOT renewal requirements for 8.5 units. Approved provider of the FL Board of Occupational Therapy-CE Broker for 10 CE hours. This course meets the approval of the TX Board of OT Examiners.



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Education Resources Inc.  
Intermediate Level  
0.85 ASHA CEUs

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This program has been submitted for approval of 8.5 clock hours of continuing education credit by the TX Speech Language-Hearing-Association (TSHA). TSHA approval does not imply endorsement of course content, specific products or clinical procedures.

Application has been made to the FL Physical Therapy Association for 10 continuing education contact hours.

Application has been made to the MD State Board of Physical Therapy Examiners.

Application has been made to the MN Board of Physical Therapy.

Application has been made to the NJ Board of Physical Therapy Examiners.

Application has been made to the OK Board of Medical Licensure and Supervision for Physical Therapy.

Approved sponsor by the State of IL Department of Financial and Professional Regulation for Physical Therapy for 10 contact hours. Application has been made to Illinois EI Training Program.

Approved provider by the NY State Board of Physical Therapy for 10.2 contact hours (1.02 CEUs).

Education Resources, Inc. is an approved provider for Physical Therapy CEUs in the following states: CA, KY and TX.

The following state boards of physical therapy accept other states' approval: AK, AR, AZ, DC, DE, GA, HI, ID, IN, KS, MI, MO, MS, NC, OR, PA, RI, SC, UT, VA, VT, WI, WY.

The following state boards of physical therapy either do not require course pre-approval or do not require CEUs for re-licensure: AL, CO, CT, IA, MA, ME, MT, NE, ND, NH, SD, WA.

This course meets the criteria for 8.5 hours that can be applied toward the Neonatal Therapy National Certification.

8.5 hours of this course qualify towards the discipline-specific hours for the 20-hour requirement for NDTA re-certification. They do NOT qualify towards the 8-hour NDTA Instructor requirement for re-certification. Education Resources Inc. 266 Main St, Medfield, MA 02052.

Please contact us with any special needs requests: [info@educationresourcesinc.com](mailto:info@educationresourcesinc.com) or 800-487-6530.

**Cost - \$229**