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Type Registration	Definition	Price
Group rate	Register 20 or more	\$40
Individual Rate	Single Registration	\$65

<b>Course #</b>	<b>Course Title</b>	
<b>Webinar Date</b>		
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**Webinar Cancellation Policy:** Motivations, Inc. reserves the right to discontinue or reschedule a course from our listing of options. Should you have already registered, you will receive a full refund. Participants may receive a full refund when requesting cancellation 24 hours prior to the the webinar. After that time, a credit for a future Motivations event may be awarded.



**Motivations, Inc.**  
Accredited Continuing Education Courses

P: (800) 791-0262  
F: (815) 371-1499  
admin@motivationsceu.com  
www.motivationsceu.com



**ASHA CE**  
**APPROVED PROVIDER**

Motivations, Inc.

Intermediate Level  
0.2 ASHA CEUs

## WEBINAR

### #7316-1 Why, What, and How to feed Picky Eaters, a professional approach.

Instructor  
Samantha Heidenreich, OTD, MOT

Audience: Physical Therapists, Occupational Therapists, Assistants and Speech Therapists

Delivery Options:  
Live Webinar or  
Self-Study Options

**SUMMARY:** The purpose of this course is to provide detailed information of why and what you should feed a child from a nutritional standpoint to support gut and brain health, and the how to, for providing professional intervention to improve tolerance, acceptance, and increase food consumption. Feeding therapists will be instructed on how to discuss these elements within their scope of practice and utilize intervention to create a feeding program utilizing best practice and evidence-based research. Course instruction methods include lecture, demonstration, case studies, question/answers.

**PRESENTER:** Samantha Heidenreich, OTD, MOT, Samantha completed her Doctorate of Occupational Therapy at the University of St Augustine for Health Sciences and complete her Masters in OT at the University of St Augustine for Health Sciences with a Bachelors in Special Education K-12 from Coastal Carolina University. Samantha has been in clinical settings with a focus in pediatric occupational therapy, and an emphasis on feeding intervention. She has completed advanced coursework in multiple areas of pediatric intervention, including sequential oral sequencing approach to feeding, AEIOU, primitive reflex and sensory integration, and Hanen SPARK communication. For her OTD program, her capstone project focused on nutritional implications for feeding for children with autism, sparking her interest and professional investment in this topic area. Financial - Received a teaching honorarium from Motivations, Inc. Nonfinancial - No relevant nonfinancial relationship exists.

**OBJECTIVES:** Upon completion of this course, the participant will be able to

- 1) Correctly identify underlying conditions impacting brain gut connection and feeding behaviors
- 2) Identify various avenues to heal the gut and improve cognitive functions and behavior
- 3) Name the role of nutrition for picky eaters, as well as common causes, the most common nutritional deficits, and food and supplementation sources to combat these deficits
- 4) Identify and implement specific strategies to overcome causes of nutritional deficit
- 5) Define intervention strategies to increase nutritional intake and overall tolerance and acceptance of a variety of foods.
- 6) List provided resources to explore product recommendations and highlighted research topics to provide education and support to clients

**Format:** This is 3-contact hours for 3 CEUs or 0.3 CEUs

**PT CEU's:** Motivations Inc is an approved provider of Physical Therapy continuing education by these professional bodies: Texas Chapter of the American Physical Therapy Association, ILDPR- Illinois Department of Professional Regulation Approved PT CE Sponsor, NY- New York State Education Department, Office of the Professions. Physical Therapy Board of California. Many state boards recognize these for pre-approval purposes. Contact us if you would like verification a state.

**OT CEU's:** Motivations Inc. is an AOTA Approved Provider of professional development. Provider # **4002**. This Live and Distance Learning—Interactive and Distance Learning—Independent and Blended/Hybrid activity is offered at 0.3 CEUs **Intermediate-Level**, Occupational Therapy Service Delivery, Foundational Knowledge. The assignment of AOTA CEU's does not imply endorsement of specific course content, products or clinical procedures.

**SLP CEU's:** This course is offered for 0.2 ASHA CEUs (Intermediate level, Professional area).

#### **AGENDA:**

**Pre-Study:** 30 Minutes Plan to read the course materials, references and review the post test before the start time. Please be prepared to share patient case study and related question during the discussion time.

Time Increment	Topic	Instructional Method
0-5	Background & Review of Learner Outcomes	Lecture
15	Foundational Nutritional Information, brain/gut connection, common vitamin deficits	Lecture/PowerPoint/Interactive Discussion and Questions
20	Combating Nutritional deficit, underlying conditions & strategies	Lecture/PowerPoint/Interactive Discussion and Questions
45	Specific Intervention Strategies and examples	Lecture/PowerPoint/Interactive Discussion and Questions
25	Case Studies	Lecture/PowerPoint/Interactive Discussion and Questions
10	Q and A, Summary	Lecture

**Post-test: 30 Minutes** Research, identify, and submit your post test question answers on the online form. This is an open book test you can take multiple times if needed to obtain the 70% score. Complete the evaluation feedback survey and needs assessment. Obtain, review and save your auto-emailed certificate for your files.

For course dates, times and registration, please visit: [www.motivationsceu.com](http://www.motivationsceu.com)