

Assessment and Management Pathway

Determining Diagnosis and Needs for Children with Feeding Difficulty



MEDICAL

Rules out medical complications through physician exam, followed by possible subspecialty referral (e.g., GI) for further investigation of pain or discomfort contributing to food avoidance and restriction.



FEEDING SKILL

OT or SLP trained in feeding, eating, and swallowing modifies food/liquids, feeding positions, equipment, and strategies.



NUTRITION

Registered dietitian nutritionist trained in pediatrics provides education and recommendations for volume/variety.



PSYCHOSOCIAL

Psychologist trained in feeding disorders addresses food avoidance and disruption in social function/relationships.