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# Motivations, Inc.

## Accredited Continuing Education Courses

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American Occupational Therapy Association  
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**WEB CONFERENCE or ONSITE**

**# 306 CAN-EAT Approach**  
**...Using medical, motor, & therapy strategies in pediatric feeding**



ASHA CE  
**APPROVED PROVIDER**

**Instructor**  
**Krisi Brackett, MS, CCC-SLP**

**A Workshop for Speech and Occupational Therapists and Assistants and Nutritionists.**

**8:00 am – 4:00 pm**  
**CHECK TIME ZONE FOR EACH EVENT**

**SUMMARY:** Pediatric feeding and swallowing problems that affect infants and children may be complex and often involve a combination of factors including issues that can make eating painful or difficult. In order to successfully remediate feeding problems, clinicians must understand how medical and nutritional issues can contribute to feeding disorders and use a comprehensive approach to intervention. The **CAN-EAT Approach**® is a 2-day workshop focusing on medical, nutritional, and therapeutic strategies for children with pediatric feeding disorders.

This course will allow participants to describe how pediatric feeding disorders are defined in the literature, what the contributing factors include, and how this relates to clinical practice. Identify primary gastrointestinal issues (gastroesophageal reflux, constipation, motility disorders, eosinophilic esophagitis, and visceral hyperalgesia) during a feeding evaluation and explain how these issues affect a child's feeding skill development and ability to progress. Participants will analyze a child's oral motor function and apply the knowledge in treatment making recommendations for appropriate diet, utensil use, and development of a therapy plan for skill development. Identify signs and symptoms of pharyngeal dysphagia or risk for pharyngeal dysphagia in a child and make appropriate recommendations for further assessment or treatment. Analyze moderate and complex pediatric feeding cases identifying barriers to feeding progression and apply principles to prioritize treatment strategies and write appropriate goals. Describe and apply examples of therapeutic techniques to reduce gagging, improve liquid and food acceptance, improve chewing skill, and wean from a feeding tube.

In the **CAN-EAT Approach**® "**CAN**" stands for comfort and nutrition which come first. Day one will focus on strategies to build GI comfort and good growth as well as explore other medical issues that interfere with feeding progression. Day two will focus on therapeutic strategies from a variety of philosophies. "**EA**" represents establishing acceptance of the spoon, easy textures or mealtime routine. Then "**T**" stands for therapy for skill development and feeding progression. Therapeutic strategies for common feeding problems will be explored in depth through lecture and video demonstration.

**PRESENTER:** Krisi Brackett MS SLP-CCC, C/NDT is a Pediatric Feeding and Dysphagia Specialist with over 29 years of experience. She is a founding member of the UNC Pediatric Feeding Team at the NC Children's Hospital, UNC Healthcare, Chapel Hill, NC. The team consists of pediatric GI, speech and nutrition and provides multidisciplinary feeding intervention to children using a combined medical, nutritional, and therapeutic approach which serves as the inspiration and basis for the CAN-EAT Approach®. She performs MBSS and FEES in the pediatric population. Krisi is adjunct faculty at UNC Chapel Hill and at Yeshiva University and is currently a doctoral student in Communication Science Disorders at UNC-Greensboro. She is certified in pediatric Neuro-Developmental Training and is a member of ASHA. Krisi is a contributing author in Pediatric Feeding Disorders Evaluation and Treatment and the upcoming revised edition of The Source for Pediatric Dysphagia. Krisi lectures nationally, sharing information on intervention strategies for handling this special population. Krisi blogs on current feeding issues at [pediatricfeedingnews.com](http://pediatricfeedingnews.com). The instructor has no relevant financial or non-financial relationships to disclose.

**OBJECTIVES:** Upon completion of this course, the participant will be able to:

1. Describe how pediatric feeding disorders are defined in the literature, what the contributing factors include, and how this relates to clinical practice.
2. Identify primary gastrointestinal issues (gastroesophageal reflux, constipation, motility disorders, eosinophilic esophagitis, and visceral hyperalgesia) during a feeding evaluation and explain how these issues affect a child's feeding skill development and ability to progress.
3. Analyze a child's oral motor function and apply the knowledge in treatment making recommendations for appropriate diet, utensil use, and development of a therapy plan for skill development.
4. Identify signs and symptoms of pharyngeal dysphagia or risk for pharyngeal dysphagia in a child and make appropriate recommendations for further assessment or treatment.
5. Analyze moderate and complex pediatric feeding cases identifying barriers to feeding progression and apply principles to prioritize treatment strategies and write appropriate goals.
6. Describe and apply examples of therapeutic techniques to reduce gagging, improve liquid and food acceptance, improve chewing skill, and wean from a feeding tube.

**FORMAT:** This is a 14-hour course equivalent to 14 CEU's or 1.4 CEUs offered as a live webinar.

**For Live courses,** the content is presented via an internet website displaying real time power points. Learners will receive a course instruction link. Instructors lecture through livestreaming internet on your computer. Questions may be asked during the webinar using the chat feature or the "raise hand" feature for live discussion.

**OT CEU's:** AOTA: Motivations, Inc. is an approved provider of continuing education by the American Occupational Therapy Association #4002, for 14 contact hours - Intermediate Level Occupational Therapy Process: evaluation, intervention. The assignment of AOTA CEU's does not imply endorsement of specific course content, products or clinical procedures by AOTA

**SLP CEU's:** This is a 14-hour course equivalent to 1.4 CEUs. This course is offered for 1.4 **ASHA** CEUs (Intermediate Professional area).

## **AGENDA:**

### **Day One**

8 - 10:15 Intro  
10:15 - 10:30 Break  
10:30 -11 Oral Motor Patterns Review  
11-12 GI Issues and PFD (constipation, GERD/motility, hypersensitivity, EoE)  
12 - 12:30 Lunch  
12:30 - 2:30 GI Issues and PFD  
2:30-2:45 Break  
2:45-3:45 ENT/Pulm Issues and PFD (Laryngomalacia, laryngeal cleft, tracheostomy, UAO)

3:45 - 4:00 Questions/Discussion

### **Day 2**

8-9:30 Nutrition Issues and PFD  
9:30- 10:15 Assessment  
10:15-10:30 Break  
10:30 - 12:00 Prioritizing Intervention and Planning Treatment  
12 - 12:30 Lunch  
12:30-3:30 Intervention Topics: oral motor progression, intervention behavior/sensory, service delivery, tube weaning, oral aversion/food selectivity, case studies  
3:30- 4:00 Discussion, resources, and wrap up

**Course completion:** Upon completion of the course, attendees will be asked via email to complete an evaluation survey. Once submitted, an auto email with their certificate will be issued.