

Baby Beats and Breaths:

Therapeutic Interventions for the Premature Infant with Cardiopulmonary Compromise

Holly Schifsky, OTR/L, CNT, NTMTC, CBIS

Faculty

Holly Schifsky has worked in pediatrics for 24 yrs., with 16 yrs. in a level 4 NICU. She is a Certified Neonatal Therapist, Certified Neonatal Touch and Massage Therapist, Certified Brain Injury Therapist, a member of National Association of Neonatal Therapists, and has completed 6-month mentorship in infant/child NDT. She has worked within the NICU and NICU follow-up clinic to maximize patient and family outcomes for the most complex premature and medically-fragile term infants. Holly received her BS OT from the University of North Dakota. She is a faculty member for the Neonatal Touch and Massage certification. She received the National Association of Neonatal Therapists Clinical Excellence award in 2018 for her clinical expertise and dedication to advancing the therapeutic interventions for NICU infants with cardiopulmonary conditions.

Disclosure - Financial: Holly Schifsky receives an honorarium. Non-Financial: She has no non-financial relationships to disclose.

Course Requirements

In order to maximize the learning experience during lab time, each participant needs to bring a soft body doll. The ideal size would be 10-15", but any soft body doll will work.

About this On-Demand, Online Course

This intermediate-advanced course will focus on the cardiopulmonary implications for the premature or medically-complex infant as related to physiological stability, evolving motor control, sensory stability, and transition to oral motor skills that support feeding. It will focus on advancing the critical reasoning skills of the neonatal therapist to support the infant's ability to obtain foundational motor and sensory skills. These skills include the ability of the infant to cough, produce audible phonation, oral motor skills, swallow skills, trunk facilitation, gestational age appropriate positioning/handling to support the emergence of gross motor skills for postural stability. You will learn movement analysis skills (via lab time and video presentations) to assess breathing patterns, facilitation techniques to support trunk development, positioning strategies to support chest wall development, and feeding techniques to maximize postural control. We will discuss current literature as relevant to this topic and apply a systems theory approach for case study treatment planning.

Objectives

- Integrate chest wall movement assessment and treatment strategies to maximize infant outcomes
- Utilize developmental positioning and handling interventions to reduce chest wall deformities
- Assess the effects of invasive and non-invasive pulmonary support to the facial and oral structures as related to non-nutritive sucking and oral feeding progression
- Incorporate postural support with positioning and handling of infants for improved chest wall mobility during oral feeding
- Integrate a systems approach to individualized care plan for the infant with cardiopulmonary compromised

Audience

This course is recommended for intermediate to advanced neonatal therapists, PTs, PTAs, OTs, OTAs, and SLPs working with infants in the Neonatal Intensive Care Unit.

More On-Demand, Online CEU Courses:

Therapies in the School Online Conference 7 - \$399

Course Faculty: Susan Cecere, Kim Wiggins, Kimberly Wynarczuk, Suzanne Davis Bombria, Liliane Savard, Colleen Whiting, Angela Sterling-Orth

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Credits

Continuing Education Hours for disciplines not listed below: 15.5 contact hours (1.55 CEUs). Intermediate level. License # _____



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This course can be used toward your NBCOT renewal requirements for 15.5 units.

Provider for the **FL** Occupational Therapy Association CE Broker for 18.5 CE Hours - approval #20-911404.

Course meets the basic criteria of the **MD** Board of Physical Therapy Examiners for 1.55 CEU's. Approval # _____ by the **NJ** State Board of Physical Therapy Examiners for _____ CEC's.

Approved sponsor by the State of **IL** Department of Financial and Professional Regulation for Physical Therapy for 18.5 contact hours. The **Illinois** Early Intervention Training Program has approved this event for _____ hours of EI credential credit in the area of Intervention. Approved provider by the **NY** State Board of Physical Therapy for 18.5 contact hours (1.85 CEUs).

Education Resources is an approved agency by the PT Board of **CA** for 15.5 contact hours. Approved by the APTA **Kentucky**, A Chapter of the American Physical Therapy Association, for 15.5 Category 1 contact hour(s). Expiration Date: 3/6/23, approval #CS64-2010-KPTA. This activity is provided by the **TX** Board of PT Examiners accredited provider #2210017TX for 15.5 CCUs and meets continuing competence requirements for PTs and PTAs licensure renewal in **TX**.

The following state boards of physical therapy accept other states' approval: **AK, AR, AZ, DC, DE, GA, HI, ID, IN, KS, MI, MO, MS, NC, OR, PA, RI, SC, UT, VA, VT, WI, WY**. The following state boards of physical therapy either do not require course pre-approval or do not require CEUs for re-licensure: **AL, CO, CT, IA, MA, ME, MT, NE, ND, NH, SD, WA**

This course meets the criteria for 15 hours that can be applied toward the Neonatal Therapy National Certification. 12 hours of this course qualify towards the discipline-specific hours for the 20-hour requirement for NDTA re-certification. They do NOT qualify towards the 8-hour NDTA Instructor requirement for re-certification.

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Cost - \$319/person