

Eating and Feeding Matters: From Science to Strategies

Presented By:
Kim Barthel, OTR

On-line series of 8 live 90-minute webinars
(sessions will also be recorded with access available to registrants for 60
days after the live event)

Dates:

Jan 30, 31 & Feb 6, 7, 2021
Two 90-minute sessions per day
(11:00am-12:30pm and 1:30pm-3:00pm Eastern Time)

Sponsored by:
The Learning Workshop

Course Description

Eating and feeding are fundamental functions necessary for surviving and thriving. Many clients with neurodiversity and mental health issues experience profound disturbances in their participation in eating and feeding. Occupational Therapists, Speech and Language Pathologists, Physiotherapists, Psychiatrists, Psychologists, Counselors, Behavioural Therapists and Nutritionists are team members who evaluate and enhance these functions, but sometimes struggle in seeing the integrated whole of the various complex factors contributing to the clients' experiences.

This workshop is a cutting-edged compilation of research on the science of eating and feeding from a neurobiological/physiological perspective as it pertains to picky eating, eating disorders (ARFID, anorexia nervosa, bulimia), sensory issues, oral motor/pharyngeal issues and attachment. Trans-disciplinary research, assessment and intervention strategies will be presented and discussed.

Learning Objectives

Participants will be able to:

- Understand the neurobiological and physiological underpinnings of eating and feeding
- Describe how sensory processing issues impact eating, feeding and eating disorders
- Observe the impact of attachment and goodness of fit between caregivers and individuals experiencing eating and feeding challenges
- Evaluate basic postural and motor control challenges that are connected to eating, feeding and eating disorders
- Begin to develop problem-solving skills to integrate multiple variables of needs to create individualized interventions for clients with eating and feeding challenges

About the Presenter

Kim Barthel is a highly sought-after, world-renowned teacher, actively supporting multi-disciplinary function and healing in many cultures. A pioneer in reinforcing the importance of relationship in therapy, she is known for blending cutting-edge developments in neuroscience with the art of compassionate inquiry. With 35+ years as an OT, Kim's specialties include Neuro-Developmental Treatment, Sensory Processing, Complex Behaviour, Autism, Mental Health, Trauma Informed Practice, and Attachment.

Kim is a natural at inspiring and connecting hundreds of diverse audience members. Her unique blend of skills in utilizing storytelling, humility, science, and her comfort in many different cultures effectively holds the attention of every audience she is in front of (or in the middle of).

Visit www.kimbarthel.ca to learn more about Kim

Agenda

Segment #1 and #2 (90 minutes each) January 30th, 2021 (11am-12:30pm & 1:30-3pm)

- Understand the neurobiological and physiological underpinnings of eating and feeding

Segment #3 and #4 (90 minutes each) January 31st, 2021 (11am-12:30pm & 1:30-3pm)

- Describe how sensory processing issues impact eating, feeding and eating disorders
- Sensory Interventions for eating, feeding and eating disorders

Segment #5 (90 minutes) February 6th, 2021 (11am-12:30pm)

- Understand the impact of attachment and attunement on eating, feeding and eating disorders

Segment #6 (90 minutes) February 6th, 2021 (1:30-3pm)

- Observe goodness of fit between caregivers and individuals experiencing eating and feeding challenges

Segment #7 (90 minutes) February 7th, 2021 (11am-12:30pm)

- Understand the role of postural and motor control issues in eating, feeding and eating disorders

Segment #8 (90 minutes) February 7th, 2021 (1:30-3pm)

- Putting all the pieces together

Registration:

\$449 Canadian

Register on line:

www.thelearningworkshop.ca

We accept e-transfer payment, cheque, credit card/pay pal.

(If paying by cheque make payable to "The Learning Workshop" and mail to:

222 Winding Lane, Thornhill, Ontario, L4J 5J6)

Refunds will be given until 30 days prior to the course. A \$50 administrative fee will be applied to all refunds. **No refunds will be given for cancellations made within 30 days of the first day of the course.**

The Learning Workshop
☎(905) 709-3354
info@thelearningworkshop.ca
www.thelearningworkshop.ca

Scholarship Opportunities:

Some scholarships available (upon request) from people in developing countries @ 50% off.

Group discounts are also available (not to be combined with scholarships) for groups of 3-5 @ 15% off and groups of 6+ at 25% off.

To apply for either the scholarship or the group discount, please contact hello@kimbarthel.ca

*Some financial support may also be available to those in other countries who may be experiencing financial challenges. Please send specific request to hello@kimbarthel.ca

For further information:
Email: info@thelearningworkshop.ca
Phone: (905) 709-3354