



Agenda at a Glance

- 7:30am – 8:00am Enter the Zoom™ Environment / Log In
Brief Navigation Review
- 8:00am – 8:10am Welcome / Instructions / Day's Overview
- 8:10am – 8:30am **Legislative Update**
Ms. Brianne Westmore, March of Dimes
- 8:30am – 9:10am **Innovative Approaches to Supporting Arizona's Women through a Range of Circumstances: Substance Use Disorder in Pregnancy**
Dr. Maria Manriquez, University of Arizona, College of Medicine – Phoenix
- 9:10am – 9:50am **The Gut-Brain-Axis: Can Nutrition Support Neonatal Neuro-Protection?**
*Terry Johnson, NNP-BC, ASPPS, CLEC, MN
Prolacta Bioscience*
- 9:50am – 10:00am Break / Acknowledging Our Sponsors and Partners
- 10:00am – 10:40am **Down Syndrome: Birth and Beyond**
*Dr. Dannah Raz
Phoenix Children's Hospital*
- 10:40am – 11:20am Breakout Sessions
(According to registration selections)
- Pediatric Feeding Disorder in the Developing Premature Infant**
Dr. Matthew Abrams, MEDNAX & Ms. Cuyler Romeo, Feeding Matters
- Home Gavage Feeding Program**
Dr. Amit Agrawal, Banner Thunderbird Medical Center
- The Exclusive Human Milk Diet: What Do We Know A Decade Later?**
*Terry Johnson, NNP-BC, ASPPS, CLEC, MN
Prolacta Bioscience*
- Supporting Parents During the COVID-19 Pandemic**
*Molly Strothkamp, MSW, LCSW, IMH-E®
Good Fit Counseling Center*



Agenda at a Glance

Mindfulness and Resilience

Dana Christian Lee, Embody

11:20am – 12:00pm	Ojos Abiertos - Newborn Ophthalmic Disease Management <i>Dr. Brendan Cassidy, Pediatric Ophthalmology</i>
12:00pm – 12:10pm	Break / Footprint Award Presentation
12:10pm – 12:50pm	Vaping, Oils and Fentanyl: Dangerous and Deadly Drug Trends <i>Ms. Stephanie Siete, Community Bridges</i>
12:50pm – 1:00pm	Wrap Up / Evaluation Process & CEUs / Next Steps

Presenter Biographies in Alphabetical Order



Dr. Matthew Abrams is originally from Milwaukee, Wisconsin, and joined Mednax neonatology in Phoenix in 2004 and is the Medical Director of Neonatology and Chair of Pediatrics at HonorHealth. Since 2008, Dr. Abrams has been a constant participant in Feeding Matters' pediatric feeding consortiums, active advocate for Phoenix-based initiatives, vocal member of the International Pediatric Feeding Disorder Conference (IPFDC) committee. Board certified in Neonatal-Perinatal Medicine, his professional interests include the late preterm infant, noninvasive ventilation, and neonatal nutrition.



Dr. Amit Agrawal: Amit Agrawal, MD, FAAP has been a member of the Envision team since August 2011. Dr. Agrawal is the medical director of Banner Thunderbird NICU in Glendale, AZ and is the Regional Medical Director for the Arizona Envision Neonatal programs. He was born and raised in Glendale, AZ, and did his undergraduate training at ASU, graduating summa cum laude with honors. He completed his medical training at Wake Forest University, in NC, and pursued his Pediatric Residency at University of California, Los Angeles. He subsequently went back to the east coast where he completed his fellowship in Neonatal-Perinatal Medicine at Johns Hopkins Hospital. In both his residency and fellowship, he won departmental awards for teaching and leadership, and has published research in the clinical area of premature lung development. He currently serves on the Speaker's Bureau for Mead Johnson Nutrition and Sobi and actively participates in educational activities throughout the Banner Hospitals. His passion is with neonatal program development, efficiency, sustainability and satisfaction. He met his wife, who is a General Pediatrician, in medical school, and they have two children together.



Brendan Cassidy, MD has been practicing clinical Pediatric Ophthalmology in Phoenix, Arizona since 1994. Years of consulting work in the NICU's and PICU's around Maricopa County, have accompanied his busy private practice emphasizing special needs children. Teaching all levels of health practitioners as well as tens of thousands of patients is his professional passion. He always strives to make his patient's experiences fun and educationally stimulating. He and the doctors at ABC Children's Eye Specialists have cared for thousands of children during statewide and international mission trips. Brendan's off hours are spent skiing, reading, weight-lifting, learning languages, and finding lazy beaches whenever possible.



Presenter Biographies in Alphabetical Order



Terry S. Johnson, APN, NNP-BC, ASPPS, CLEC, MN: Terry is a Neonatal Nurse Practitioner with over 35 years of experience in a variety of clinical settings including the NICU, Special Care Nursery, Normal Newborn Nursery and Developmental Follow-Up Services. She was a National Patient Safety Fellow and is a member of the Society of Professionals in Patient Safety. A nationally known educator, Terry is a frequent presenter at national and international nursing and multidisciplinary conferences. Terry is a clinical reviewer of the 2018 edition of *Infant Feedings: Guidelines for Preparation of Human Milk and Formula in Health Care Facilities*, by the Academy of Nutrition and Dietetics. Her clinical interests include the immunobiology of human milk, strategies for the use of human milk in premature and low birth-weight infants, best practices on the handling, clinical use, preparation and administration of human milk products in the NICU and evidence-based nutritional management of preterm infants. Terry is an active member of numerous professional organizations including NANN, ANN, AWHONN, ASPPS, and is a current board member of the National Perinatal Association. She received the 2019 Lifetime Achievement Award from the National Association of Neonatal Therapists. Terry is the Director of Education and Professional Development for Prolacta Bioscience and editor of the online newsletter "LATCH" which presents a review of current literature, clinical practice, and research on human milk science and clinical practice.



Dana Christian Lee Dana was born, raised, and has lived in Michigan her entire life with her husband and five children. One year ago, she made the big move West to Northern California. Dana is passionate about making the world a better place for all people to live. To this end, she has dedicated her life as a leader, entrepreneur, and parent to this mission. She holds two degrees in education and taught public school for nine years. Dana became a trained yoga & mindfulness teacher in 2006 and has taught the practice she loves ever since. In 2014 Dana started Embody, a nonprofit organization that provides physical and mental wellness education grounded in community and service. The 'feel better do good' mantra asks people to take agency over not only their own well-being, but also to give back in service to their community. There are currently two locations in Michigan and California. Dana loves people and can be regularly found traveling, teaching, speaking, leading, volunteering, and networking.



Maria Manriquez, MD, FACOG: Maria Manriquez, M.D., FACOG is a University of Arizona College of Medicine Alumnus and Professor in the Department of Obstetrics and Gynecology at University of Arizona College of Medicine Phoenix. Dr. Manriquez brings vast experience in program direction that spans undergraduate education, medical education, graduate and continued medical education. Her American College of Obstetricians and Gynecologist (ACOG) service includes vice chair and chair of the Arizona section of (ACOG). She has served as At-Large Fellow for District VIII on the advisory council for ACOG. Dr. Manriquez served on the Council of Resident Education and Gynecology (CREOG) and as CREOG program chair. Dr Manriquez is one of two ACOG representatives to the AAMC. She was the principle investigator for a large CMS grant, awarded to Maricopa Integrated Health Systems (MIHS), aimed at investigating innovations in prenatal care models addressing preterm delivery rate, substance use disorders in pregnancy and care coordination. During Dr. Manriquez's tenure at MIHS she was Associate Director of the Residency Program in OBGYN and was Vice Chair of the OBGYN department. Dr. Manriquez continues to maintain a clinical practice focusing on substance use- disorders in pregnancy. Currently she runs the Pregnant and Parent Women with Substance Use Disorder Center at Banner University Medical Center Phoenix Women's Institute. She developed and directs the Pathway Scholars Program, a Master's program addressing diversity in the physician workforce. The program prepares educationally disadvantaged students for medical school through a yearlong curriculum designed to position them to thrive once they matriculate into the University of Arizona College of Medicine Phoenix.



Presenter Biographies in Alphabetical Order



Dr. Dannah Raz Dannah Raz, MD is a developmental pediatrician at Phoenix Children’s Hospital. She is a graduate of the University of Arizona College of Medicine – Tucson. Dannah completed her pediatric residency at Phoenix Children’s Hospital. She left Arizona briefly to pursue fellowship in Development and Behavioral Pediatrics at Children’s Hospital of Colorado. During her fellowship, Dannah also completed her Masters in Public Health at The University of Colorado School of Public Health. Dannah is happy to be back home, in Arizona, caring for children with developmental disabilities at Phoenix Children’s Hospital. She is also the Director of the Pediatric Down Syndrome Clinic and is one of the physicians caring for kids in the Neonatal Early Childhood Screening (NEST) clinic. She enjoy spending time outside of work with her husband, daughter, and dog.



Cuyler M. Romeo, MOT, OTR/L, SCFES, CLC is a NICU trained feeding specialist who has worked in the area of feeding, eating and swallowing since graduating from her Master’s program at the University of Texas Health Science Center in San Antonio in 2003. She also has extensive experience working with children with movement disorders and enjoys combining these areas of focus through a holistic approach to feeding intervention. She has experience in the in-patient setting, out-patient setting, home health and early intervention. Cuyler earned her therapeutic handling certification in TAMO® in 2005 and Perception-Action Approach (PAA) in 2013. She served as the President of the non-profit Institute of Perception-Action Approach (IPAA) from 2017 to 2020 and now sit on the Board of Directors. Cuyler has a specialty certification in VitalStim, is certified in Infant Massage (CIMI), as well as Neonatal Therapeutic Touch and Massage (MTMC), is certified in the General Movements Assessment (GMA) and earned her specialty board certification in Feeding, Eating and Swallowing (SCFES) through AOTA in 2012. Most recently Cuyler became certified in lactation counseling (CLC). She also has training in SOS, Get Permission and the DIR method. Cuyler was a founding partner of Mealtime Connections, LLC, a pediatric feeding specialty clinic serving Southern Arizona and has statewide leadership experience as the Director of Clinical Innovations at Therapy 2000, a pediatric home health agency serving over 6 metropolitan areas across the state of Texas. Cuyler now serves as the Director of Strategic Initiatives at Feeding Matters working to advance the system of care for pediatric feeding disorder. She maintains her clinical skills at Banner University Medical Center-Tucson working in the NICU as a feeding and swallowing therapist. She also enjoys presenting professionally and is working with AOTA to launch a Community of Practice for feeding.



Stephanie Siete began her career with Community Bridges, Inc. (CBI) in 2002 as a drug prevention specialist and has worked her way up in the prevention field educating students, teachers, parents, police and universities about drug dangers and trends. Over the years, she moved into the roles of the Public Relations Director and Community Education Director to her recent position of Public Information Officer (PIO) as of March 1, 2017. In an ever-changing world of substance abuse, the role of the PIO is to inform the public, first responders and corporate offices (etc.) via media and trainings about new drugs, risks to use and exposure, and provide resources for help on care and addiction. As the PIO, Stephanie’s job requires her to partner with important community collaborators. She has spent her career training and networking with local and national police and fire departments, healthcare providers and governmental agencies. She has hosted seminars for the Federal Bureau of Investigation (FBI), Arizona School Resource Officer Association (ASROA), High Intensity Drug Trafficking Area (HIDTA), International Narcotics Interdiction Association (INIA), and will be featured as a keynote speaker for the National Association of School Resource Officers (NASRO) in 2018. Her recent work with the FBI earned her the honor of the 2016 FBI Director’s Community Leadership Award – Phoenix Division. She was recognized in Washington DC by former FBI Director, James Comey, in April 2017.



Presenter Biographies in Alphabetical Order



Molly Strothkamp, MSW, LCSW, IMH-E®: Molly Strothkamp is a child therapist at the Good Fit Counseling Center at Southwest Human Development. She has worked with children and families at SWHD for over 21 years. Molly provides relationship-based counseling to young children and their caregivers. She is a faculty member for the Harris Infant and Early Childhood Mental Health Training Institute and she teaches and provides presentations and workshops on infant mental health topics to parents, professionals, and community organizations statewide.



Breann Westmore is the Director of Maternal Child Health & Government Affairs for March of Dimes Arizona chapter. Professional accomplishments include the addition of SCID & CCHD to the Newborn Screening Panel, dissemination of safe sleep crib cards, postpartum LARC reimbursement, and supporting a statewide focus on maternal morbidity and mortality . Breann has a 3 year old son who serves as her daily inspiration in her efforts to fight for the health of all moms and babies.



Session Descriptions in Time Order

8:10am – 8:30am

Legislative Update

Ms. Brianne Westmore, March of Dimes

Brienne will provide an update on the current legislation in Arizona dealing with HRPP and related fields.

8:30am – 9:10am

Innovative Approaches to Supporting Arizona's Women through a Range of Circumstances: Substance Use Disorder in Pregnancy

*Dr. Maria Manriquez, University of Arizona,
College of Medicine – Phoenix*

Participants will:

1. Identify appropriate screening tools to use in pregnancy to identify substance use disorder
2. Describe recommended medical and behavioral therapies in pregnant patients for substance use disorders
3. Identify referral sources for patients with substance use disorders.

9:10am – 9:50am

The Gut-Brain-Axis: Can Nutrition Support Neonatal Neuro-Protection?

*Terry Johnson, NNP-BC, ASPPS, CLEC, MN
Prolacta Bioscience*

The Gut-Brain Axis (GBA) is a pathway from the neonatal gut to the developing brain. Dysbiosis, an inflammatory state in the neonatal gut, can result in pathogens and inflammatory agents ascending from the gut to the brain resulting in injury. Human milk plays a role in the modulating dysbiosis.

10:00am – 10:40am

Down Syndrome: Birth and Beyond

*Dr. Dannah Raz
Phoenix Children's Hospital*

Down Syndrome: Birth and Beyond will be an informative presentation guiding participants through the genetics of Down syndrome, perinatal care in a child suspected of having Down syndrome, and care throughout the lifetime of a child with Down syndrome. Participants will have a better understanding of the medical and developmental needs of individuals with Down syndrome. Participants will also gain a better understanding of their roles as medical professionals in caring for families and children with Down syndrome.



Session Descriptions in Time Order

10:40am – 11:20am

Breakout Sessions
(According to registration selections)

Pediatric Feeding Disorder in the Developing Premature Infant

Dr. Matthew Abrams, MEDNAX & Ms. Cuyler Romeo, Feeding Matters

Due to medical advances, more extremely premature to late pre-term infants are surviving and transitioning from NICU to home. Multiple factors including comorbidities of prematurity can contribute to delays in feeding maturation and result in long term feeding issues. In this presentation we will review prematurity and associated feeding problems of the premature infant. We will discuss methods for assessing feeding readiness, describe strategies for supporting optimal feeding development, and introduce assessment and evaluation tools used to identify feeding issues. This presentation will include a case study with video to support participants' learning.

Home Gavage Feeding Program

Dr. Amit Agrawal, Banner Thunderbird Medical Center

Infant prematurity rates have not significantly changed over the last 10 years. Neonates are spending a significant portion of their hospitalization in a convalescent stage awaiting key developmental milestones to learn proper and safe feeding ability and endurance. Physicians and nurse practitioners are often left slowly following the evolution of feeding as an inpatient, utilizing valuable hospital resources. By developing a home gavage feeding program, we have demonstrated safety and efficacy to carefully transfer this responsibility to the parents, and for infants to learn these key developmental tasks in their home environment.

The Exclusive Human Milk Diet: What Do We Know A Decade Later?

*Terry Johnson, NNP-BC, ASPPS, CLEC, MN
Prolacta Bioscience*

The Exclusive Human Milk Diet EHMD for preterm and low birth-weight infants is unique in its ability to provide the plethora of immune benefits present in breast milk, with a human milk fortifier that is also human milk-based. Human milk, being species specific, results in improved tolerance,



Session Descriptions in Time Order

10:40am – 11:20am

Breakout Sessions (continued)
(According to registration selections)

rapid advancement to full feeding volume, less inflammation, and decreased morbidities such as Necrotizing Enterocolitis (NEC), bronchopulmonary dysplasia (BPD, retinopathy of prematurity (ROP), and sepsis.

Supporting Parents During the COVID-19 Pandemic

Molly Strothkamp, MSW, LCSW, IMH-E®, Good Fit Counseling Center

The COVID-19 pandemic has added significant stress for many and caring for a baby in the NICU and/or with medical and developmental needs during this time may add unexpected challenges and worries for parents and families. This workshop will explore the potential impact of uncertain times on babies and their parents and will consider trauma-informed, relationship-based ways nurses and community providers can offer support.

Mindfulness and Resilience

Dana Christian Lee, Embody

Dana will lead you through a 30-minute session about how mindfulness practices help support the daily work of a health care provider. She will offer tools, tips, and awarenesses you can access throughout your busy days of meeting the needs of your patients, coworkers, and community. Dana knows we are only as capable in our work as we are able to be present and compassionate. Join this 30-minute session to give yourself the gift of access to being in the moment with a sense of calm, clarity, and compassion. It is a gift that keeps giving not only to your clients and patients, but to YOU!

11:20am – 12:00pm

Ojos Abiertos - Newborn Ophthalmic Disease Management

Dr. Brendan Cassidy, Pediatric Ophthalmology

This lecture is a rapid overview of the most dangerous and relatively common eye diseases affecting newborns. We'll present a pictorial synopsis of diseases with etiologies such as prematurity, infections, genetics and idiopathic sources. The participants will get a round understanding of the presenting appearance, etiology, natural course, treatment options and ultimate visual outcome for these diseases. The material presented will conclude in time for a lengthy discussion of the topics presented, and an open forum for clinical questions from participants.



Session Descriptions in Time Order

12:10pm – 12:50pm

Vaping, Oils and Fentanyl: Dangerous and Deadly Drug Trends

*Ms. Stephanie Siete,
Community Bridges*

Vaping is at an all-time high. Over 5 million teens in the US are currently using electronic nicotine delivery systems (ENDS). Thousands of Americans have been hospitalized because of e-cigs. And living in a COVID-19 world, we are being reminded about the importance of breathing and healthy respiratory systems. Nicotine isn't the only substance that gets vaped. THC and CBD oils are just as common. These are separate chemicals of marijuana that need to be differentiated. The behavior of vaping is one issue while chemicals used are a separate worry. Marijuana and the increased THC potency found in edibles, oils and joints will be discussed. Updates about opioids like fentanyl, heroin and oxycodone will also be shared. And we will again connect breathing to opioid abuse and why it can be fatal.

The 2020 HRPP Conference Planning Committee



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Arizona Department of Health Services

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