

How NOT to Say "Eat another Bite!"

by **Marsha Dunn Klein**

- **Describe the properties of the food**
 - **Describe your own interactions with the food**
 - **Create a new way to try or interact with the food**
 - **Give choices & Combinations**
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- **Which do you want first, the (banana) or this (grape)?**
 - **Do you want the Big (cheese) or the Little (cheese)?**
 - **Do you want your smoothie in This cup or That cup?**
 - **Which straw do you want to use for your drink?**
 - **Can you pick up that (piece of waffle) with this toothpick?**
 - **Can you make this (cracker) Crunch?**
 - **How loudly (softly) can you crunch?**
 - **Which side do you want to crunch that on?**
 - **Which part of this horse shape (cut with cookie cutter) do you want to bite?**
 - **Can you bite the horse's tail?**
 - **Yum, I like pasta!**
 - **I can put my pasta in this sauce!**
 - **I can lick these sprinkles off my (apple slice)**
 - **Dad, do you want some (cheese)?**
 - **Do you want to taste the (yogurt) off the spoon or the whistle?**
 - **Or the finger**
 - **Or my finger or your finger**
 - **Or the carrot or apple slice**

- **Please hand me another (carrot).**
- **Do you want to spread (cream cheese) or (jelly) on your next bite of cracker?**
- **Which color grape (green or purple) do you want to get with the toothpick?**
- **What letter (in the Alphabet soup) shall we find next?**