Erin Sundseth Ross, Ph.D., received her Master’s degree in Speech and Language Pathology from California State University, Stanislaus in 1988. She received her Doctoral degree in Clinical Sciences — Health Services Research from the University of Colorado Health Sciences Center in 2007. Dr. Ross is currently a Clinical Instructor in the School of Medicine, Department of Pediatrics, Section of Nutrition at the University of Colorado Denver, and she holds an honorary Research Fellow appointment with the Clinical Nutrition Research Center at the University of Queensland, Australia. She has specialized clinically in the development of feeding skills, and the etiology and treatment of feeding and growth problems in infants and very young children, and is the creator of the SOFFI Method ©2008. Dr. Ross’ research interests are focused on understanding feeding and growth in the medically fragile infant, and on identifying and treating infants and young children who are not developing typically in these areas. She has over 20 years of NICU experience, and has worked with pediatric populations in an outpatient feeding clinic — providing a perspective that crosses over the initial hospitalization through the first 5 years of life.

Disclosure: Financial: Erin Ross receives a honorarium from ERI and has a financial relationship with Nestec, a division of Nestle. Non Financial: She has a non-financial relationship with POPSICLE Center.

January 10-11, 2014 - Florida
Pediatric Therapy Associates of South Florida
447 NW 73rd Ave., Plantation, FL

March 21-22, 2014 - Texas
MedCare Pediatric Group
5095 Preston Ave., Pasadena, TX

April 5-6, 2014 - Ohio
Bethesda North Hospital
10500 Montgomery Rd., Cincinnati, OH

October 24-25, 2014 - New Jersey
Children’s Specialized Hospital
200 Somerset St., New Brunswick, NJ

$435 Fee. Group rate (3 or more) must be mailed/faxed together $410. Deadline for registration is two weeks prior to course. Registration accepted after deadline on a space available basis. Cancellation will be accepted until that deadline, minus an administration fee of $75. NO REFUNDS AFTER DEADLINE.

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Enrollment is limited

NICU Feeding/Ross

NAME ____________________________
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CITY/STATE/ZIP _______________________
PHONE (home) ( ) _______________________
PHONE (work) ( ) _______________________
CELL ( ) _____________________________

Needed in the event of an emergency scheduling change

EMAIL ___________________________
Please clearly print your email address for course confirmation

EMPLOYER __________________________

DISCIPLINE ___________________SPECIALTY ________________

HOW DID YOU LEARN ABOUT THIS COURSE

☐ ERI Rewards. I am registering for my 4th course since September 2002 and applying $100 credit to the tuition. MUST be applied at the time of registration. Subject to availability.

Please indicate location attending:
☐ Jan/FL    ☐ Mar/TX    ☐ Apr/OH    ☐ Oct/NJ

I hereby authorize you to charge my:  ☐ VISA  ☐ MC  ☐ DISCOVER

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Exp.Date ______________ CVV2 code ___________ (last 3 digits on back of card).
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☐ I have read your refund policy above and understand.

Education Resources reserves the right to cancel any course due to insufficient registration or extenuating circumstances. Please do not make non-refundable travel arrangements until you have called us and received confirmation that the course will be held. We are not responsible for any expenses incurred by participants if the course must be cancelled.
**COURSE DESCRIPTION**

Focused on bottle feeding, this course provides immediately applicable practical information to help clinicians better identify and treat the factors that impact successful oral feeding of preterm and ill term infants. Utilizing a multidisciplinary approach both in the NICU and after discharge to early intervention through the first six months—the course emphasizes strategies to facilitate infant abilities and develop caregiver feeding skills. The objective is to identify feeding readiness and provide intervention strategies from a framework of normal development. A holistic approach integrating the medical fragility of these infants is emphasized, using the BROSS Approach and the SOFFI Method©.

**COURSE OBJECTIVES**

Participants will be able to apply course learning immediately to:

- Identify necessary components of infant development that indicate a readiness to begin and sustain oral feeding, including physiologic, motor and state organization.
- Discuss the development of oral-motor skills in preterm infants.
- Describe the interaction between medical and developmental levels as they relate to feeding readiness and the progression
- Identify infants who are not following a normal progression.
- Use the BROSS approach to identify the development of oral feeding skills and use the SOFFI Method© to guide feeding decisions and intervention strategies
- Use principles of normal development and developmentally supportive care to facilitate feeding progression, to include contributions of both the family and the professional team.
- Identify the impact of various medical conditions on oral feeding success.

**AUDIENCE**

This workshop is designed for individuals with several years experience working with family and staff to support oral feeding for infants in, or just discharged from, the intensive care nursery, including speech/language pathologists, occupational therapists, physical therapists and early interventionists. Level of instruction: Intermediate to Advanced

People who have taken Erin Ross’ “Feeding the Most Fragile: From NICU to Early Intervention” will benefit from the updated research and clinical information and the comprehensive approach. If you have taken her course from Education Resources in the past you can repeat this course for $300 or take Day 2 only for $200.

**SCHEDULE DAY ONE**

<table>
<thead>
<tr>
<th>Time</th>
<th>Activity</th>
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</thead>
<tbody>
<tr>
<td>8:00-8:30</td>
<td>Registration/Continental Breakfast</td>
</tr>
<tr>
<td>8:30-9:00</td>
<td>Introduction, Welcome &amp; Family Roles Expectations for Successful Nurturing and Feeding</td>
</tr>
<tr>
<td>9:00-10:00</td>
<td>Feeding as a Developmental Process—Physiologic, Sensory and State Development</td>
</tr>
<tr>
<td>10:00-10:15</td>
<td>Break</td>
</tr>
<tr>
<td>10:15-12:00</td>
<td>Feeding as a Developmental Process—Oral-motor Development</td>
</tr>
<tr>
<td>12:00-1:00</td>
<td>Lunch (on your own)</td>
</tr>
<tr>
<td>1:00-2:15</td>
<td>Medical issues that Impact Feeding Skills: Chronic Lung Disease, Cardiac defects, Oral Motor Deficits, Gastrointestinal disorders</td>
</tr>
<tr>
<td>2:15-3:10</td>
<td>Effects of the NICU Experience: Changing the focus from volume to skill to build a foundation for optimal feeding and growth</td>
</tr>
<tr>
<td>3:00-3:15</td>
<td>Break</td>
</tr>
<tr>
<td>3:15-4:15</td>
<td>Developmental Steps to Eating: The BROSS Approach (Baby Regulated Organization of Systems and Sucking)</td>
</tr>
<tr>
<td>4:15-5:00</td>
<td>Introduction to th SOFFI Method©</td>
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</table>

**SCHEDULE DAY TWO**

<table>
<thead>
<tr>
<th>Time</th>
<th>Activity</th>
</tr>
</thead>
<tbody>
<tr>
<td>7:30-8:00</td>
<td>Continental Breakfast</td>
</tr>
<tr>
<td>8:00-10:00</td>
<td>Using the SOFFI Method© to Guide Decisions Regarding Readiness and interventions for Infants Not Nipple Feeding</td>
</tr>
<tr>
<td>10:00-10:15</td>
<td>Break</td>
</tr>
<tr>
<td>10:15-12:00</td>
<td>Using the SOFFI Method© to Provide Supportive Interventions for Nipple Feeding (1)</td>
</tr>
<tr>
<td>12:00-1:00</td>
<td>Lunch (on your own)</td>
</tr>
<tr>
<td>1:00-3:00</td>
<td>Using the SOFFI Method© to Provide Supportive Interventions for Nipple Feeding (2)</td>
</tr>
<tr>
<td>3:00-3:15</td>
<td>Break</td>
</tr>
<tr>
<td>3:15-5:00</td>
<td>Supporting Transitions in Infant Feeding</td>
</tr>
<tr>
<td></td>
<td>Wrap up and Evaluation</td>
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</tbody>
</table>

**CREDITS**

This course meets the criteria for 14.5 contact hours (1.45 CEUs). FL: Approved provider of continuing education by the Florida Physical Therapy Association accredited provider for 14.5 contact hours. TX: This course is accredited by the Texas Physical Therapy Association as an approved continuing education provider #3043 for 14.5 contact hours. Approved provider by the NY State Board of Physical Therapy for 17.4 contact hours. Approved provider by the Florida Board of OT.

**TESTIMONIALS**

“Erin combined important clinical knowledge with quality research to give participants a true picture of best practice related to feeding premature and medically fragile children. This was a great course.”

Carissa Peppard

“It encompasses very comprehensive, up-to-date and research-based information and Erin is an incredibly knowledgeable speaker.”

Nicole Ickes

“I have been to many feeding seminars and by far this was one of the best. I enjoyed the global perspective on feeding and realistic intervention strategies.”

Maxine Nevers-Reynolds

“This was one of the best courses I have ever attended. Erin’s presentation was excellent and I appreciated the evidence based focus with relevant clinical application. I would highly recommend this course to anyone interested in feeding.”

Kimberly Richardson

This course is offered for 14.5 ASHA CEUs (Intermediate level, Professional area).