Mealtime Miseries: Management of Complex Feeding Issues

elizabeth clawson  MS, Ph.D., LCP, HSPP

The combination of clinical skills with behavioral management of eating made this course an excellent learning opportunity. Great case studies and clinical reasoning… specific treatment techniques were taught and practiced with excellent handouts to support techniques.”

– L. Sykes, OT, Rochester, NY

The focus of this 2 day course is on the Transdisciplinary Effective Assessment and Treatment (TR-eat) model integrating oral motor therapy techniques and behavioral management for the treatment of complex feeding problems. This model is evidence based with 10+ years of research supporting outcomes.

Packed with practical solutions and hands on techniques, you will become empowered with new treatment ideas for your most complex patients. This course is appropriate for clinicians with all levels of experience.

Course Learning Objectives

Upon completion of this 2 day workshop, the participant will:

• Identify the foundation of the TR-eat™ model.
• Identify variables that produce complex pediatric feeding problems including: medical, oral motor and behavioral.
• Explain feeding problems across developmental stages.
• Explain the use of behavioral strategies including shaping, chaining and fading as a catalyst to enhance oral motor and therapeutic skill building.
• Identify texture grading techniques and apply them to the process of making pureed table foods for children weaning from tube feedings and learning how to chew.
• List 3 or more treatment strategies for “picky eaters”, including those with autism, using behavioral interventions.
• Identify methods to improve problem solving skills through careful analysis in order to determine the most effective treatment plan for maximum desired outcomes.

August 28 & 29
Reno, NV
Saint Mary’s Regional Medical Center
235 W. 6th Street

This course provides 1.6 ASHA CEUs and 16 Contact Hours for OT

775.825.4744  |  julie@advancedspeechnv.com  |  www.advancedspeechnv.com
Carol and Elizabeth share their 30 years of combined clinical practice and expertise in this unique feeding course. Together they have developed the TRansdisciplinary Effective Assessment and Treatment (TR-eat) model. This model melds medical management, skill building and behavioral interventions to create a distinctive treatment method with outstanding outcomes for children with complex feeding problems. This dynamic course will cover innovative strategies, using video case examples, to address oral aversion, food refusal, poor transition onto solid foods, texture grading, learning to chew, self feeding and feeding difficulties related to autism and picky eaters.

This course is packed with practical solutions and extensive written handouts that will empower you with new treatment methods for your most complex patients. **These interventions are systematic and evidence based with research supporting outcomes.** This course is appropriate for clinicians with all levels of experience.

**workshop agenda**

**Day One**

<table>
<thead>
<tr>
<th>Time</th>
<th>Activity</th>
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</thead>
<tbody>
<tr>
<td>7:30 - 8:00</td>
<td>Registration/breakfast</td>
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<tr>
<td>8:00 - 10:15</td>
<td>Review of feeding development birth-24 months (video examples)</td>
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<td>Identification of common etiologies related to feeding problems and challenges.</td>
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<td>Feeding difficulties for the “new” feeder - Evaluation/ treatment (medical management, formula, positioning) with video case studies</td>
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<tr>
<td>10:15 - 10:30</td>
<td>Break</td>
</tr>
<tr>
<td>10:30 - 12:30</td>
<td>Continue evaluation/treatment for the “new” feeder (bottle feeding tips and alternatives, oral-motor interventions, introducing spoon feeding) with video case studies</td>
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<tr>
<td>12:30 - 1:30</td>
<td>Lunch (on your own)</td>
</tr>
<tr>
<td>1:30 - 3:00</td>
<td>Practice spoon placement and handling techniques, squeeze bottle use and preparation of smooth pureed table foods</td>
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<tr>
<td>3:00 - 3:15</td>
<td>Break</td>
</tr>
<tr>
<td>3:15 - 5:30</td>
<td>Introduction and application of behavioral principles, clinical problem solving, with video case examples</td>
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**Day Two**

<table>
<thead>
<tr>
<th>Time</th>
<th>Activity</th>
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</thead>
<tbody>
<tr>
<td>7:30 - 8:00</td>
<td>Registration/breakfast</td>
</tr>
<tr>
<td>8:00 - 10:15</td>
<td>Feeding problems and interventions for the “advanced” feeder (baseline evaluations, positioning, texture grading – preparation of texture graded pureed/chopped table foods, teaching chewing skills) with video case studies</td>
</tr>
<tr>
<td>10:15 - 10:30</td>
<td>Break</td>
</tr>
<tr>
<td>10:30 - 12:30</td>
<td>Continue interventions for the “advanced” feeder (teaching chewing skills, addressing food packing behavior, introduction of self feeding) with video case studies</td>
</tr>
<tr>
<td>12:30 - 1:30</td>
<td>Lunch (on your own)</td>
</tr>
<tr>
<td>1:30 - 3:15</td>
<td>Continue interventions for the “advanced” feeder (self feeding, cup drinking, straw drinking) with video case studies</td>
</tr>
<tr>
<td>3:15 - 3:30</td>
<td>Break</td>
</tr>
<tr>
<td>3:30 - 5:30</td>
<td>Treatment techniques for children with Autism and the “Picky” eater (food fading, systematic desensitization, structured mealtimes, reward programs) with video case examples</td>
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carol elliott  BS, OTR/L

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Registration Form

Registration

Early Regular
Single $439 $459
3+* $410 ea. $439 ea.
Student $385

* Group prices are per person when registering at the same time.
Additional $3.00 charge for SLPs wanting to obtain and file ASHA CEUs

Registrant’s name

Registrant’s title

Registrant’s profession

License number

Email address (for confirmation)

Facility / company

Address

City State Zip

Phone Fax

# of registrants

ASHA CEUs (SLPs only) $3.00 each total $

For credit card payment please go to mealtimemiseriesapt.eventbrite.com.

We will confirm receipt of your registration via email and send you further information about the course. Thank you for registering. We look forward to meeting you!

For group enrollment, please include all registration forms with payment.