The Feeding Relationship and Eating Competence: An Introduction to the Possibilities
Ellyn Satter, MS, RD

For more information: http://tiny.cc/SatterAus
To register: http://tiny.cc/SattAusReg
Local contact: deb@kidsdigfood.com.au

When: Monday 31st August 2015, 8:30 am to 4:30 pm.

Where: Gibson Room, QUT, 2 George Street, Gardens Point 4000
Parking is available and is accessible by public transport

Whom this is for: This workshop is open to any health, mental health, education or other professionals or policy-making, administrative or support staff who work with children, parents and families around eating and feeding.

Workshop description: The course teaches the principles of Ellyn Satter’s evidence-based and clinically tested Eating Competence and Feeding Dynamics models, and shows participants how to apply these in their own work settings. Case studies and video examples will be used to demonstrate principles of EC and FD.

About the presenter: Ellyn Satter is an internationally recognized authority on eating and feeding. In her transformative, practical, theoretically sound, and evidence-based conceptualizations of eating and feeding, Satter emphasizes competency rather than deficiency, providing rather than depriving, and trust rather than control.

Objectives: As a result of taking this introductory workshop, participants will:
• Understand the principles of the Satter Feeding Dynamics Model and the Satter Eating Competence Model.
• Be aware of approaches that help adults begin to develop their own Eating Competence.
• Be able to identify feeding dynamics and eating competence issues in common child nutrition and feeding problems.

Cost: $200US. Cost includes registration, resources, lunch, morning and afternoon tea. $100 USD for videoconference participation (~400 mi from Perth). Online resources only.

Method of payment: All payments are via PayPal online in $US.

Cancellation policy: $50.00 cancellation fee. Cancellation deadline August 10, 2015.